# Joan Gillece, Ph.D., Director SAMHSA National Center for Trauma Informed Care

# Dr. Gillece has thirty years of experience working in the behavioral health field with seventeen dedicated to trauma and seven in prevention of seclusion and restraint. Working across agencies, Dr. Gillece promotes the use of trauma informed care in multiple settings including mental health, substance abuse and juvenile justice and homeless services.

Prior to joining the national Association of State Mental Health Program Directors (NASMHPD) ten years ago, Dr. Gillece served as Director of Special Populations for Maryland's Mental Hygiene Administration, where her responsibilities included all aspects of state mental health planning and delivery of services, as well as development of collaboration across agencies serving individuals with psychiatric diagnosis. As project director for SAMHSA's National Center for Trauma-Informed Care (NCTIC), Dr. Gillece has championed the cause of full consumer integration and development of culturally competent programs. Utilizing survivors in all aspects of trauma work, Dr. Gillece has coordinated technical assistance, conference presentations, and consultations with experts in the field. Commitment to strength based support by implementing trauma informed values with the overreaching theme of recovery has been her focus.

# **KEYNOTE - Moving Forward . . . Implementing Trauma Informed Approaches**

Tuesday, September 22, 2015

SAMHSA's National Center for Trauma Informed Care promotes trauma-informed practices in the delivery of services to people who have experienced violence and trauma and are seeking support for recovery and healing. They may or may not have a diagnosis of mental health or substance use disorders, and may experience traumatic impacts from the experiences of violence that have strained social connections in the family, in the workplace, in childrearing, in housing – and that may have led to consequent health problems – all of which need to be addressed in a trauma-integrated manner.

This presentation will address the widespread impact of trauma in our society, help the audience understand the potential paths for healing and suggest techniques to reduce the likelihood of re-traumatization.

Participants will learn what trauma is and how it affects individuals psychologically, developmentally, and neurobiologically. Self-regulation strategies will be explored.

#### Alan Zuckoff, Ph.D.

Allan Zuckoff, Ph.D., is Lecturer in Psychology and Psychiatry at the University of Pittsburgh in Pittsburgh, PA. Dr. Zuckoff's research focuses on the development and testing of novel applications of MI, especially related to treatment engagement and adherence and co-occurring disorders. He is the former Chair of the Board of Directors of the International Motivational Interviewing Network of Trainers (MINT) and is editor of the online journal, Motivational Interviewing: Training, Research, Implementation, Practice. Dr. Zuckoff is the author (with Bonnie Gorscak, Ph.D.) of Finding Your Way to Change: How the Power of Motivational Interviewing Can Reveal What You Want and Help You Get There, published by Guilford Press in 2015, and coauthor (with Dennis C. Dailey, Ph.D.) of Improving Treatment Compliance: Counseling and Systems Strategies for Substance Abuse and Dual Disorders (Hazelden, 1999). He has published numerous peer-reviewed articles and chapters on applications of MI.

# Motivational Interviewing, Engaging People into Treatment and Change Session 1 of 2

Motivational Interviewing (MI) is a brief, evidence-based approach to strengthening a person's own motivation and commitment to change. It works by creating an accepting, collaborative atmosphere in which the client's ambivalence about change or treatment can be explored and resolved. This talk will describe how MI conceptualizes ambivalence, resistance, motivation and commitment to change, and how the spirit and processes of MI can help practitioners more effectively engage clients into treatment and change.

#### CeCe Miller, Deputy Operations Officer, paws4prisons Alumni Advocate

Growing up in Myrtle Beach, SC, Cece started in customer service at a very young age as her parents were restaurant owners. After graduating with a Bachelor of Science in Business Administration, her people skills led her to become a paralegal for a major corporation. After many years in that field, Cece discovered she had a unique ability to train dogs through the paws4people foundation. Her experience with paws4people led her to work in one of the largest animal shelters in South Carolina. There she worked hands on with numerous dogs and breeds. The combination of training shelter dogs and service dogs has given Cece a fast knowledge of dog training. She has trained and placed numerous service dogs in her career. Cece's many years of training experience led her to become an academic instructor as well as a training instructor for the paws4people foundation.

Currently, Cece serves as the Deputy Operations Officer for *paws4people*. She supervises all K-9 Training Programs, *paws4prisons* ADTP, Client Services and Placement Programs. In her position, Cece is responsible for management and oversight of the entire *paws4prisons* program, the Pruntytown Correctional Center Public Access Training Program, and the administration of the *paws4prisons* Alumni Program.

# The Dog Training Program in WV DOC Facilities: Unintended Therapeutic Consequences

Cece will describe in depth the *paws4prisons* program. She will discuss her role as a paws4people staff member, the role that the inmates fulfill, and the role that the WVDOC fulfills. Cece will explain the service dog hands on training process within each of our five prison programs, as well as the academic process that inmates must learn beforehand.

#### Dr. James Becker

Dr. James Becker of Huntington, WV, is Senior Associate Dean for Clinical Affairs at the Joan C. Edwards School of Medicine, Marshall University and Medical Director of the Bureau for Medical Services at WVDHHR. He is also an associate professor in the Department of Family and Community Health at Marshall University, Joan C. Edwards School of Medicine, where he conducts his clinical activities and directs the Section of Occupational and Environmental Health. He is board certified in family practice. Dr. Becker is a 1993 graduate of Marshall University School of Medicine.

#### **Jenny Lancaster**

Jenny Lancaster serves as Client Director and Partner for Terzetto Creative, LLC. With over 12 years experience and serves as a point of contact for clients' creative, media, technical, and logistical needs. She serves on facilitation teams for several governor-appointed task forces and statewide councils. Jenny has extensive experience in planning and executing state, regional, and national conferences and events. She has worked on rural policy issues and served as coordinator for the Central Appalachia Regional Network, part of the

#### **Health Homes and WV's Current & Planned Projects**

Dr. Becker will outline the concept of the Health Home Model for chronic conditions as proposed by the Center for Medicaid Services and in response to the Affordable Care Act. He will review the basic components of the model and how they lead to improved care for Medicaid recipients. Dr. Becker will discuss the development of West Virginia's first Health Home model focusing on Hepatitis and Bipolar Disorder current data collected since the initiation of the model in July2013.

#### **Social Media and Online Advocacy Tools for Non-Profits**

Nonprofits often struggle with marketing their organization and issues. Often there is confusion about advocacy versus lobbying and how to tell their story. This introductory workshop will enable participants to develop a social media presence, choose appropriate social media channels, develop content, and measure effectiveness. Participants will learn about social media platforms, free and fee-based online advocacy tools and other resources. Online etiquette and privacy issues will also be explored.

Kellogg Foundation Rural People Rural Policy Initiative. Jenny has managed software application development projects, and has experience with advocacy campaign software, extranet platforms, and social media engagement. Jenny graduated *summa cum laude* from Xavier University with a Bachelor of Science degree in Elementary Education.

Participants will develop basic elements of a social medial plan to support their overall marketing goals and objectives.

#### Mary Vicario & Carol Hudgins-Mitchell

# Mary Vicario, LPCC-S, and Carol Hudgins-Mitchell, M.Ed., LSW, through Finding Hope Consulting, translate relational neuroscience into everyday interventions and programs that help build resiliency, attachment and permanency for individuals of all ages and ability levels. They are certified trauma specialists, affiliated with the Jean Baker Miller Training Institute at Wellesley College and receive ongoing training at Harvard Medical School. They lecture nationally and internationally, co-authored the *Foster Parents' Survival Guide*, other trauma informed articles and curricula and a textbook chapter now in press. They can be reached at Findinghopeconsulting@gmail.com.

#### Trauma Informed Biological Timelines: A Tool for Promoting, Understanding, Planning and Programming

A Trauma-Informed Biographical Timeline is a tool for generating a better understanding of the whole person by mapping their story to identify their strengths and needs for planning more focused supports and services. This training helps you use the timeline with foster families and treatment teams to develop coordinated care and supports for individuals with complex needs.

#### Jay Ostrowski

# Jay Ostrowski is the Director of Product Development with the national Board for Certified Counselors and Affiliates. He develops products and services for the mental and behavioral health industry, specializing in HIPAA compliance and telemental health. As the president of Behavioral Health Innovation (BHI), he develops comprehensive online mental health applications, maintains <a href="https://www.telementalhealthcomparisons.com">https://www.telementalhealthcomparisons.com</a>, and serves as an advisor and consultant for the Mid-Atlantic Telehealth Resource Center.

# **Creating and Implementing Clinically Sound, Innovative Treatment Programs**

There is a lot that goes into creating a successful treatment program and many of these elements were not included in graduate school training. Sometimes the clinical program can seem like the easiest part. Drawing from over 20 years of examples, the session will highlight successes and lessons learned from failures in treatment program development. Different types of innovative treatment programs will be discussed along with the recent development of telebehavioral and telemental health services.

#### **Doug Tipperman**

Doug Tipperman is the Tobacco Policy Liaison for the Substance Abuse and Mental Health Services Administration (SAMHSA). Mr. Tipperman coordinates SAMHSA's Tobacco-Free Campaign, which aims to reduce tobacco use by persons with mental and substance use disorders. In addition, he serves on the U. S. Department of Health and Human Services' Tobacco Control Steering Committee and chairs its Working Group on Tobacco Control in Behavioral Health. Before his federal government service, he worked extensively at the state and local level to promote public policies that reduce alcohol abuse and tobacco use. He has organized several successful policy change efforts, including Maryland's Clean Indoor Air Law, which succeeded in making all Maryland restaurants and bars smoke-free. Mr. Tipperman has more than 30 years of professional nonprofit experience, including clinical social work,

#### **Tobacco and Behavioral Health**

This workshop examines the high prevalence of tobacco use by persons with mental health and substance use disorders. Current tobacco use trends and issues will be discussed as they relate to behavioral health populations. Myths and barriers to addressing tobacco use in behavioral health will be explored. Research findings regarding the impact of smoking cessation on behavioral health outcomes will be presented. The workshop concludes with evidence-based practices that reduce tobacco use in both the general population and specifically among smokers with mental health and substance use disorders.

community	organizing,	nonprofit	management,	public	administration,	and
tohacco con	trol					

#### Marc Ellison, Ed.D., LPC, ALPS Eszter Kiss, M.A., Licensed Counselor Ben Childers, M.A., LPC

Marc Ellison, Ed.D., is a Licensed Professional Counselor (LPC) and an Approved Licensed Professional Supervisor (ALPS) who has worked for 30 years to provide person-centered support, services, and advocacy to individuals who live with autism spectrum disorders (ASD), their families and those who support them. He has supported individuals with ASD throughout their lifespan, as they moved to the community from state-supported institutions, searched for and obtained employment, entered into relationships, and transitioned into college. Dr. Elllison is the Executive Director of the West Virginia Autism Training Center.

Eszter Kiss, M.A., is the counselor for the College Program for Students with Autism Spectrum Disorder at Marshall University. She is a Provisionally Licensed Counselor, and provides effective therapeutic services for clients diagnosed with diverse disorders, including Autism Spectrum Disorder, anxiety disorders and mood disorders. Ms. Kiss holds a bachelor's degree in Psychology and a master's degree in Mental Health Counseling.

Benjamin Childers, M.A., is a Positive Behavior Support Trainer with the WV Autism Training Center, located at Marshall University. Mr. Childers provides individual counseling, family coaching sessions, and facilitates social skills groups.

#### Janine Breyel/Molly McMillion

Janine Breyel, project director for the West Virginia Perinatal Partnership, coordinates the Substance Use in Pregnancy Committee. In that role, she directs the Drug Free Moms and Babies project and the Tobacco Free Pregnancy Initiative. The Drug Free Moms and Babies project is a pilot program seeking to identify effective strategies aimed at pregnant and post-partum women to reduce the incidence of babies born exposed to substances in utero. The Substance Use in Pregnancy Committee develops policy recommendations, conducts educational outreach to health care providers, presents research findings to state and local policymakers, provides technical assistance and is involved in a number of statewide, regional, and local initiatives aimed at addressing the problem.

# Therapeutic Relationships with Individuals on the Autism Spectrum, Session 1 of 3

1 in 68 children in the United States meets diagnostic criteria for Autism Spectrum Disorder. Many live with co-existing conditions, such as anxiety disorders, depression, and substance use and abuse. The CDC (2014) reports that nearly one-half of those diagnosed with the spectrum disorder have average to above average intelligence. Still, talk therapy is generally unavailable to this population, or ineffective when attempted, due to counselors unfamiliarity with the disorder. During this day-long progressive session, counselors experienced in providing talk therapy to this population will educate attendees about the disorder, discuss the challenges of providing talk therapy to this client base, and provide advice on effective theoretical orientations, techniques, and strategies.

# *Time Out! For Me*: Assertiveness and Sexuality Training for Women in Corrections

This session will describe a pilot project of the West Virginia Perinatal Partnership. The new project utilizes the evidence-based program, *Time Out! For Me* with women in the justice system who have substance abuse problems. Issues addressed in the program include sexuality, gender stereotypes, self-esteem, assertiveness skills, and reproductive health. Studies suggest that this intervention increases knowledge, self-esteem, and treatment tenure. One goal of the project is to empower women to engage in reproductive life planning, increase the use of long-acting contraception, and decrease the incidences of neonatal exposure and withdrawal to substances. The session will describe how this program has been piloted in the state, and how it fits into the West Virginia perinatal partnership's

Ms. Breyel previously worked for West Virginia University's National Center for Excellence in Women's Health, where she coordinated various women's health initiatives. She also was a project director for the National Governors' Association, where she worked on maternal and child health policy.

Molly McMillion is a registered nurse, an International Board Certified Lactation Consultant, Certified Childbirth Educator and a Child Passenger Safety Technician. Molly served the families of the Greenbrier Valley for 12 years, teaching childbirth preparation classes, helping mothers nurse their babies and get new parents off to a good start in her job as Perinatal Educator at Greenbrier Valley Medical Center. While at GVMC, Molly played a pivotal role in starting the "Drug Free Mother-Baby Greenbrier Valley."

Currently, Molly works for the WV Perinatal Partnership on projects to promote mother-baby health all over the state. Molly continues to teach childbirth classes and provide lactation services to private clients and is a Direct Care Coordinator for Right from the Start, providing prenatal and infant in-home care services to Medicaid recipients in Greenbrier County.

overall efforts to improve prevention, identification and treatment for women, infants and their families affected by substance use.

#### **Dave Sanders**

David (Dave) Sanders has enjoyed a career spanning more than twenty years in the behavioral healthcare field. He is a person in recovery from mental health and addiction issues. He has presented nationally on several topics, including Leadership, Stigma, Promotion of Recovery, Public Policy Advocacy, and Community Collaborative Advocacy. Dave is Past Chair of the WV Behavioral Health Planning Council, and a Past Vice-Chair of the WV Statewide Independent Living Council, and currently serves on the Board of Directors for the National Coalition for Mental Health Recovery. Dave worked in the community advocacy field for over a decade as an advocate and a behavioral health policy analyst and now works for the State of West Virginia in the Office of Consumer Affairs for the Bureau for Behavioral Health and Health Facilities.

#### Mental Health First Aid: Adult, Session 1 of 5 (must attend all sessions)

Mental Health First Aid is a public education program that introduces participants to risk factors and warning signs of mental illnesses, builds understanding of their impact, and provides an overview of common ways to access supports. Mental Health First Aid teaches participants a five-step action plan to support someone developing signs and symptoms of a mental illness or in an emotional crisis. The 8-hour course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and selfhelp care. The program also teaches the common risk factors and warning signs of anxiety, depression, substance use, bipolar disorder, and schizophrenia, and covers information that can reduce stigma and general misunderstanding of mental health issues. Mental Health First Aid is included on the Substance Abuse and Mental Health Services Administration's National Registry of Evidence-based Programs and Practices (NREPP). Like CPR, Mental Health First Aid prepares participants to interact with a person in crisis and connect the person with help.

#### **Linda Richmond Artimez**

Ms. Richmond Artimez is employed by the West Virginia Supreme Court of

#### **Understanding Involuntary Commitment, Guardianship & Conservatorship**

Ms. Artimez will provide a general overview and answer questions regarding

Appeals Administrative Office in three capacities. She is the Court's Director of Mental Hygiene Services, the Court's Director of Mental Health and Veterans Treatment Courts, and Administrative Counsel. She has worked for the Supreme Court since 2001, and prior to that was an attorney in private practice for 16 years and a Mental Hygiene Commissioner for 10 years. She was Acting Administrative Director for the Court system in 2004-2005.

Ms. Richmond Artimez is the mother of adult treatment courts in West Virginia. She designed West Virginia's initial Adult Mental Health and Drug Court programs, wrote the grants which implemented the first Mental Health Court and first Adult Drug Courts in this state. She has taught at numerous conferences on Treatment Courts and Mental Hygiene.

She was born in Marshall County attended West Virginia's schools and colleges. She has been honored with numerous awards throughout her education and career. She graduated Order of the Coif from West Virginia University School of Law in 1985, and graduated with high honors from West Liberty State College in 1979.

West Virginia's involuntary hospitalization/mental hygiene and adult guardianship/conservatorship process.

#### John O'Donnell, SAMHSA - CSAP

#### William Kellibrew, IV

**Alan Zuckoff** 

At age 10, William Kellibrew witnessed the murders of his mother and 12-yearold brother by his mom's ex-boyfriend. The killer took his own life that day but not before making William beg for his life at gunpoint.

Now an international advocate and trauma survivor, William travels throughout the world sharing his story of courage and resilience and the pathway to healing and recovery.

Kellibrew's story has been featured on the Oprah Winfrey Show, MSNBC, CNN In Session, CNN HLN Newsmakers, BBC Worldwide, The Daily Beast, Washington Post, and various news and media publications and outlets throughout the world. He studied business at the University of the District of Columbia and University of Sunderland in England.

In 2011, Kellibrew was recognized by the White House as a Champion of Change, working to end domestic violence and sexual assault. In 2013, he received the Voice Award from SAMHSA for his work across the country as a peer/consumer leader. In 2015, he received the U.S. Congressional Victims' Rights Caucus Eva Murillo Award.

#### **Presenting Prevention First Awards – Special Guest**

#### **KEYNOTE - Champion of Change: A Journey from Tragedy to Resilience**

In this presentation, William shares his personal and professional journey from tragedy to resilience. In addressing his trauma, William found his voice and today is a beacon of hope for anyone who faces barriers and challenges to healing and recovery from domestic violence, sexual assault, stalking, bullying and other victimizations. William also addresses the challenges for children and youth who are often overlooked in the aftermath of violence and trauma. His synergy with the audience is inspiring.

#### Objectives:

After participants attend this session they should be able to:

- 1. Describe the impact that trauma has on a trauma survivor.
- 2. Identify and describe key elements that foster voice and choice and prevent barriers and challenges to healing and recovery.
- 3. Describe ways that children and youth are often overlooked in the aftermath of violence and trauma

Motivational Interviewing, Engaging People into Treatment and Change,

6

Session 2 of 2
Use of Dogs as Adjunct Therapeutic Intervention for Veterans with PTSD
Terry developed and leads the <i>paws4vets</i> Assistance Dog Placement Program. Under this program, veterans, active-duty service members or their dependents with physical, neurological, psychiatric or emotional disabilities can receive psychiatric service dogs, mobility service dogs and rehabilitative service dogs. Utilizing his more than 40 years of dog training experience and his own experience as a veteran living with post-traumatic stress (PTS), Terry oversees the placement of every <i>paws4vets</i> service dog with its client. He will also speak on Intervention Transfer Training, which <i>paws4vets</i> utilizes to teach clients how to use the dog as a medical tool to mitigate their symptoms of PTS, TBI, etc.
Bringing Hope Home: the Three R's of Successful Trauma Resolution and
Five Resilience Factors
This training coordinates trauma informed care into a framework that can be used by anyone working with victims of trauma. It includes the three stages of positive trauma resolution (re-experience, release, and reorganize) and the five resilience factors found in people who move beyond their traumatic experiences. Since trauma is processed and stored in nonverbal parts of the brain, sensory, expressive and relational interventions will be identified to benefit clients of all ages and ability levels.
Creating and Implementing Clinically Sound, Innovative Treatment
Programs (Repeat)
Current Drug Threats
The primary focus of this presentation will be to educate attendees on the newest drug trends that are emerging across our country. The overall number of substances being abused today has increased significantly over the last five years. Much of this increase can be attributed to the influx of synthetic drugs as well as newer forms of some existing drugs. Some substances, known as "Flakka,"" Dabs," "Purple Drank," "N-Bomb," "Smiles," "Molly," "Brain Freeze," and others are somewhat new to the drug scene and most Americans are largely unaware of the significant danger they pose to our country. In addition, existing substances known as "G," "Ice," "Boy," "Girl" and "West" are continuing to cause problems for parents, law enforcement, educators, judges, medical professionals, correction officers, child welfare workers, prosecutors and others.  Attendees will be provided information on a wide variety of current drug

Administration and United States Department of Justice for Outstanding Contributions in the Field of Drug Law Enforcement. Sergeant Pero has presented training on numerous topics to professionals from various disciplines across the country.

trends, including the newest trends in synthetic cannabinoids, synthetic cathinones, synthetic hallucinogens and powdered alcohol. Drug legislation and drug slang terms from across the country will be discussed.

#### William Kellibrew, IV

# PLENARY - Preparing the Next Generation of Leaders: Our Most Precious Resource

In this presentation, William engages the audience on the importance of core values and how they play a role in preventing the barriers and challenges from claiming our youth and their potential. William also focuses on building on our youth's strengths versus their deficits.

"If we see children as our most precious resource," William says, "we value them and the role that they play for our future."

them and the role that they play for our future."

Objectives:

After participants attend this session they should be able to:

- 1. Identify personal and core values.
- 2. Discuss how values drive connection between youth, caregivers, providers, therapist, and others.
- 3. Discuss the importance of use of a strengths-based vs. deficit-based approach.

#### **Amanda Sisson**

#### **Federal Policies and Practices in Ending Homelessness**

Amanda Sisson, Assistant Director at the WV Coalition to End Homelessness (WVCEH), has over twelve years of direct experience working in homeless services, with seven of those years in homeless programs management, reporting and training. Ms. Sisson began her non-profit career as a direct service worker with a family shelter in Virginia in 2003 and went on to serve in various roles, including Housing Counselor for nearly seven years. She began working for North Central WV Community Action as the Homeless Services Coordinator, directly supervising the operations of two emergency shelters, a multi-county HPRP project, and two HUD Supportive Housing projects. Ms. Sisson has been with the WVCEH since 2011 and oversees the day-to-day fiscal operations and assists in the CoC infrastructure, including the writing and organization of the annual CoC NOFA for the Balance of State CoC. Amanda has a particular interest in homeless policy and community organization. Amanda holds a Bachelor of Arts degree from Alderson-Broaddus College.

This is a session on federal policies and practices in ending homelessness. CoC and ESG grantees must adhere to federal policies that impact day-to-day operations. When those policies directly conflict with traditional practices and other state policies, the client suffers. Participants in this session will garner an understanding of the "big picture" of homelessness and the total funding available from a federal level for homeless services in WV and the policies governing those funds.

Zach Brown is the Executive Director for the WV Coalition to End Homelessness and the WV Balance of State Continuum of Care. Mr. Brown began his non-profit career as the director of development for a local chapter

of the American Red Cross and went on to serve more than seven years as the development director for North Central WV Community Action, where he began his focus on ending homelessness through work on HPRP, supportive housing, affordable housing development, and acting as a volunteer and associate of the WV Coalition to End Homelessness. He later became the HMIS program manager and deputy director for the WV Coalition to End Homelessness and the WV Balance of State Continuum of Care, before taking the position of executive director in 2012.

### Marc Ellison

#### Carla Lapelle/Andrew Walker/WVCIAA Panel

Carla Lapelle holds a master's degree in Clinical Psychology and works as Interim Dean of Student Affairs at Marshall University in Huntington, West Virginia. She previously worked for the university as coordinator of Student Health Education Programs and Substance Abuse Prevention Programs for 15 years. She currently serves on the executive committee of WVCIA, the West Virginia statewide initiative to prevent substance abuse in higher education and on the Cabell County Substance Abuse Prevention Partnership in Huntington. Nationally, she serves as past-chair of The Network Addressing Collegiate Alcohol and Other Drug Issues.

Andrew Walker, M.S., is a criminal justice faculty member at West Virginia University at Parkersburg. A West Virginia native and graduate of Marshall University, Andrew received both B.A. and M.S. degrees in Criminal Justice and is currently pursuing a Ph.D. in Social and Behavioral Sciences at WVU. He teaches a variety of criminal justice courses, including research methods and law enforcement investigative techniques. Andrew also provides research support and data analysis for the WV Collegiate Initiative to Address High Risk Alcohol Use and West Virginia Students Against Destructive Decisions. His current research interests include substance abuse in rural settings and law enforcement involvement in behavioral health.

# Therapeutic Relationships with Individuals on the Autism Spectrum, Session 2 of 3

#### **Intervening on College Campuses**

This session will highlight the work of the West Virginia Collegiate Initiative to Address High Risk Alcohol Use, the organization that proactively addresses alcohol, andother drug and associated violence issues at the college level in WV. The session will include a review of the current trends of substance misuse and abuse and the prevalence of behavioral health issues among college students in WV. Members of the WVCIA will share evidence-based programs and practices currently being implemented on WV's college campuses. A discussion of experiences, challenges, and future directions for continued intervention on college campuses will be shared between the panel and audience members.

#### **Dave Sanders**

#### Renata Henry

Renata J. Henry is the Executive Director of the Danya Institute in Silver Spring, Maryland which manages the Central East Addiction Technology Transfer Center. Ms. Henry has over thirty-five years of experience in the behavioral health field, serving in clinical and administrative positions in community-based mental health and substance abuse organizations and

#### Mental Health First Aid: Adult, Session 2 of 5

#### What Does Person-Centered Care Really Look Like? Age, Stage and Culture

This workshop will explore the concept of person-centered care. Person-centered care is about understanding the strengths and abilities, as well as the needs and challenges, of individuals and then helping him or her get the services and supports needed to make recovery a reality. Each person and their support systems have values, priorities, and perspectives that should

leadership positions in state and county government. Most recently, Ms. Henry was the Deputy Secretary for Behavioral Health and Disabilities with the Maryland Department of Health and Mental Hygiene, where she was responsible for developing and leading an integrated system for policy development, planning, and services for the mental health, substance use, and developmental disabilities. Prior to this position, she was the director of Division of Substance Abuse and Mental Health, an operating division of Delaware Health and Social Services, where she was responsible for the oversight of public sector behavioral health services for adults in Delaware. In her leadership positions, she always emphasized the collaboration between systems to ensure that policy and practice are aligned to support a quality behavioral health system across the life span.	shape the kinds of help he or she receives. Person-centered care is also culturally competent care.
Alan Zuckoff	Diffusing Discord: Rethinking and Reducing Resistance in Change
Dr. Steven Eshenaur/Jessica Tackett  Dr. Steven Eshenaur has worked with the U.S. Military since 2008 and began as a Family Readiness Support Assistant, and later in 2009 began with the Yellow Ribbon Reintegration Program. He now works with the Substance Abuse program, handling all training in prevention and referrals.	What has traditionally been thought of as client "resistance" is reconceptualized in MI as a product of the relationship between client and clinician. The good news is that also provides clear guidelines for reducing resistance and creating constructive conversations about change. Strategies for recognizing and responding to resistance will be demonstrated and participants will practice and reflect on the use of these strategies and techniques.  Army Substance Abuse Program – Community Provider 101  The presenters will discuss Army Policy 600-85 (Army Substance Abuse Program) and the WVARNG program a soldier is mandated to follow for clearance from a substance abuse issue. Community providers will gain knowledge that will aid soldiers with their treatment protocol within the WVARNG.
Jessica Tackett graduated from Marshall in 2013 with an M.A. in clinical Psychology.	
Mary Vicario & Carol Hudgins-Mitchell	Healing the Fear that Hides: Biologically-Based Fear Responses and How to Address Them
	Neuoroscience is demonstrating that some of the most challenging behaviors connected with treating trauma are actually biologically-based fear responses more related to fear-based dysregulation than intractable behavior. As Maureen Walker reminds, "Strategies for disconnection are at an intense yearning for connection in an atmosphere of fear." We will examine how adverse life experiences (ALEs) create repeated fear responses and disrupt the "felt safety" (neuroception) needed for the attachment and regulation centers of the brain to work properly. Setting power struggles

aside, we will explore how the brain heals itself and identify everyday, brainbased interventions to help individuals of all ages and ability levels work with their caregivers to replace challenging behaviors with safe, healing connections.

#### Sue Hage/Lisa McMullen

Sue Hage, Deputy Commissioner for Office of Programs and Resource Development with the Bureau for Children and Families, West Virginia Department of Health and Human Resources, oversees four divisions that provide services and programs which benefit the citizens of West Virginia. She received her master's degree in Counseling Rehabilitation from Marshall University.

Sue has been with DHHR in various capacities since 1972, and her experience and expertise cover many areas including work as a Social Service Worker, Supervisor, Administrator, Program Manager, Director and currently as Deputy Commissioner. During the past twenty years, Sue's emphasis focused on the Child Welfare System, Juvenile Justice System, Children's Behavioral Health, and Community Development for program development and system reform. Sue continues to serve on numerous committees including the Commission to Study Residential Placement of Children, the West Virginia Court Improvement Program (CIP) Board and the West Virginia Three Branch Institute.

Lisa McMullen, a graduate of Fairmont State with a bachelor's degree in Psychology, has worked as a licensed social worker in adult and child welfare for 25 years. During her career she has held positions as a Child Protective Service Worker, Child Protective Services Supervisor, Social Services Program Manager, Regional Director, and most recently as the Project Director for Safe at Home WV. Lisa and her husband Ray have been married for 35 years and reside in Grafton, WV. They have 2 daughters, 2 sons-in-law, and 2 grandchildren.

#### Safe at Home WV

The West Virginia Department of Health and Human Resources, Bureau for Children and Families was awarded a Title IV-E Waiver to conduct a Demonstration Project in October 2014 by the United States Administration for Children and Families, Children's Bureau. The waiver will be used to implement a child welfare reform project called Safe at Home West Virginia. The goals of Safe at Home West Virginia are to:

- •Ensure youth remain in their own communities whenever safely possible.
- Reduce reliance on foster care/congregate care and prevent re-entries.
- •Reduce the number of children in higher cost placements out-of-state.
- •Step down youth in congregate care and/or reunify them with their families and home communities.

Safe at Home West Virginia will initially focus on youth 12-17 years old in congregate care both in and out of state. We believe that if targeted and comprehensive community services are provided to wrap around youth and their families, we can either reunify them or keep them out of care in the first place, and most importantly, keep youth in their communities.

#### U.S. Attorney R. Booth Goodwin II

Booth Goodwin is the United States Attorney for the Southern District of West Virginia. He was appointed by the President of the United States as the chief federal law enforcement officer for southern West Virginia in May 2010. During his tenure, he has spearheaded investigations into the Upper Big Branch mine disasterand the Elk River chemical spill. He has led efforts to tackle prescription drug abuse and public corruption and has joined with West Virginia communities to rebuild neighborhoods devastated by drugs and violence. He has protected children and the elderly from exploitation and has worked to keep West Virginia's schools safe and make them safer. He is a

#### **Helping Kids at School**

A recent national survey of the incidence and prevalence of children's exposure to violence revealed that sixty percent of American children have been exposed to trauma in their homes, schools and communities. Forty percent were direct victims of two or more violent acts. These children often experience academic, behavioral and social problems in the classroom. They are also at a higher risk of engaging in criminal behavior later in life and becoming part of a cycle of violence. Regardless of the source of trauma, the common thread for effective intervention is school.

proud native West Virginian, having grown up and attended public school in Ripley. He's a graduate of WVU and the Washington and Lee University School of Law. His wife, Amy, is a Wheeling native and serves as the Deputy Secretary of Commerce and Commissioner of Tourism. Booth and Amy have two boys, Joe and Sam.

This workshop offers innovative best practices for helping to mitigate the negative effects experienced by children's exposure to trauma and highlights a promising initiative (Handle With Care) between schools, law enforcement and treatment providers. The West Virginia Defending Childhood Initiative, commonly referred to as "Handle With Care," is tailored to reflect the needs and issues affecting children in West Virginia. This initiative, a result of a collaborative effort of key stakeholders and partners, builds upon the success of proven programs throughout the country.

"Handle With Care" provides the school with a "heads up" when a child has been identified at the scene of a traumatic event. It could be a meth lab explosion, a domestic violence situation, a shooting in the neighborhood, witnessing a malicious wounding, a death in the family, etc. Police are trained to identify the children present, find out where they go to school and send the school a confidential e-mail or fax that simply says . . . "Handle Johnny with care." That's it. No other details.

Model Handle With Care ("HWC") programs promote safe and supportive homes, schools and communities that *protect* children, and help traumatized children *heal* and *thrive*. HWC promotes school-community partnerships aimed at ensuring that children who are exposed to trauma in their home, school or community receive appropriate interventions to help them achieve academically at their highest levels despite whatever traumatic circumstances they may have endured. HWC programs support children exposed to trauma and violence through improved communication and collaboration between law enforcement, schools and mental health providers, and connects families, schools and communities to mental health services.

#### **Chad Sigmon**

Chad was born and raised in Stealey, West Virginia (Harrison County). He is the middle of three boys and feels blessed to have a loving family.

Chad attended all local schools in Clarksburg. Upon graduation from Washington Irving High School, he was chosen to be a Rotary exchange student in Finland. After a year abroad, he attended Marshall University, WVU, and in 2003 was on the Dean's List, and graduated with a Bachelor of Arts from Fairmont State University.

#### **Chad's Incredible Journey: Ending Stigma**

Chad recently ran across the United States. He started his journey on April 1, 2013, in Jacksonville, Florida, and finished 2,500 miles later in San Diego, California on July 30. The purpose of his run was to raise awareness about the importance of mental health. He is a huge advocate to eliminate the stigma associated with mental illness and get the proper help for citizens that suffer with a mental illness. One out of four individuals will suffer from a mental illness within their lifetime. Twenty-two soldiers commit suicide daily from PTSD. It is time to talk openly about mental health and get our

	soldiers and citizens the proper treatment. Once we talk openly about mental illness, the healing process can begin. Knowing that YOU ARE NOT ALONE is a huge step in the healing process.
Amanda Sisson/Zachary Brown	Housing First
	The philosophy of housing first focuses on any attempt to help people who have experienced homelessness to access housing before providing assistance and support with any other life issues. Housing first is widely used and accepted, and informed by a wealth of evidence to be a highly successful endeavor. Given housing is the only known cure to homelessness, the success comes with helping candidates achieve the cure sooner rather than later. The presenters will give an overview of housing first, provide a look at the evidence that housing first is effective in ending homelessness, and will hone in on specific applications of the philosophy in ending homelessness. Attendees will hear from a program in West Virginia operating with a housing first philosophy.
Marc Ellison	Therapeutic Relationships with Individuals on the Autism Spectrum,
	Session 3 of 3
Jeff Bryson	A Multidisciplinary Community Approach in Working with Sex Offenders
Jeff began working with sex offenders in 1984 in a jail ministry. After completing his master's degree in counseling, he began working with sex	This session will discuss the fundamentals of working with sex offenders with an emphasis on community settings such as probation, parole, home
offenders in clinical settings. He completed the University of Louisville's	confinement and day reporting. Focus will be placed on the containment
Juvenile Sex Offender Counselor Certification program, is a clinical member of	model of sex offender intervention.
ATSA and holds the CCSOTS through the National Association of Forensic	
Counselors.	
Dave Sanders	Mental Health First Aid: Adult, Session 3 of 5
Matthew Toomey/Jim Phipps	KNOW! Empowering Families to Raise Substance Free Kids
Captain Matthew Toomey is an Army National Guard Soldier with the Counterdrug Task Force. As a full-time soldier, Captain Toomey works as a Civil Operator assigned to the Ohio Department of Mental Health and Addiction Services, Office of Prevention and Wellness. During "his one weekend a month," he has held duties as an Intelligence Analyst, Platoon Leader andCommander, and is currently the Operations Officer of the 437th Military Police Battalion and has deployed in support of Operation Noble Eagle and Operation Iraqi Freedom.	The session will provide tools and tips on Ohio Governor John Kasich's "Start Talking" program that includes Five Minutes for Life and KNOW! The Core Army Values (Loyalty, Duty, Respect, Selfless Service, Honor, Integrity and Personal Courage) and how kids can implement these within their everyday lives.
With over 18 years of service, Captain Toomey has held duty positions as a Criminal Intelligence Analyst assigned to various federal law enforcement agencies, Civil Operations Program Manager and is currently assigned to the	

Ohio Department of Mental Health and Addiction Services and is the lead for Ohio Coalitions of Excellence.

#### Jeanette Hordge/Michelle Morrisey

Jeanette Hordge is the Founder & CEO of DASH Coordinating & Marketing, based in Washington, D.C. Her 10+ years of experience as a journalist, media personality, marketing strategist, event coordinator and consultant has enabled her to work within diverse industries. Jeanette has used her professional communication skills to consult political leaders, national organizations, private businesses and numerous clients throughout the world.

Since graduating from Howard University with a Broadcast Journalism degree, Jeanette has recognized the advantages of using modern technology to enhance communication tactics and target specific audiences. Most recently, DASH has revamped entire business structures and established new ones through implementing innovative communication systems, developing unique brands and establishing target markets. As a result, DASH Coordinating & Market, LLC stands at the forefront of the new media generation. Jeanette Hordge also serves as a motivational speaker to students, young adults and emerging entrepreneurs about personal and business development.

Michelle Morrissey, M.A., CCP-SLP is a corporate speech-language pathologist certified by the American Speech-Language and Hearing Association (ASHA). She is a 1992 graduate of Hampton University in the field of Communication Disorders and a 1995 graduate of the University of Pittsburgh with a master's degree in Speech-Language Pathology. Additionally, she is a certified P-ESL Certified Accent Modification Instructor. Although she continues to foster effective communication and critical thinking skills in students in the Washing, D.C. Metropolitan area, her career experience has expanded to include conducting training in state agencies, training with community college administrators, training and coaching employees and executives in effective business communication skills. Michelle is known for practical application of her knowledge of communication science as it relates to workplace and personal behaviors.

#### Special Event: Little Theater: Keeping Kids Safe on the Internet

In today's world, using the internet is a part of everyday living. As the internet has grown, it has developed into a multi-faceted tool with a vast range of uses and dangers. The internet is a giant library of information. On the internet, you can keep in touch with friends and family via social media, read the news, follow your hobbies, watch your favorite TV programs, shop, compare prices, pay bills, and much, much more.

In this lesson, we'll talk about some of the ways the internet is used today and what you need to know in order to protect yourself, your children, and your personal information.

#### Wednesday, September 23, 2015

#### Al Killen-Harvey

# Al Killen-Harvey is the co-founder of The Harvey Institute, a training and consultation company whose mission is improving health care outcomes through integrating sexual health. For the past 21 years, he has worked at the Chadwick Center for Children and Families at Rady Children's Hospital, where

#### Sexual Health and Trauma

Sexual health and trauma: how early childhood trauma can impact the development and creation of one's sexual health. Trauma treatment has historically focused almost exclusively on identifying and exploring the hurt and the harm caused by trauma and interpersonal violence. Left unspoken

he currently serves as the Lead Trainer under two federally funded grants designed to improve Trauma Informed Care in Child Welfare and Mental Health systems across the United States. A Licensed Clinical Social Worker, he has worked for several decades in the field of trauma treatment. He is a past recipient of the San Diego County Child Abuse Coordinating Council's "Unsung Hero" Award for his work with children who have been abused and/or neglected. He serves as an adjunct faculty member at California State University, Long Beach, as well as a faculty member of the San Diego Public Child Welfare Training Academy.

Mr. Killen-Harvey is a frequent presenter, nationally and internationally, on a wide variety of topics related to children and adolescents, as well as sexual identity and gender identity. He has served on the board of CAPSAC (California Professional Society on the Abuse of Children) and is a consultant and trainer for UCLA's Rape Treatment Center in Santa Monica, California. He has served as an expert witness for the United States Army in several same sex sexual assault cases and is currently the co-chairperson of the Cultural Consortium for the National Child Traumatic Stress Network serves on their Policy Committee. He also is on the Clinical Advisory Board for the Trevor Project, a national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning youth. He is the current President of the Board of Directors of Step Up Theater, a non-profit teen theater company in San Diego. Additionally, he serves as a mentor with the Scholar Program of the Point Foundation that aims to empower promising LGBTQ students to achieve their full academic and leadership potential.

and unprocessed, however, is how one creates a future of "sexual health" when one's past is founded on a basis of sexual harm. In this presentation, participants will be encouraged to utilize sexual health training as an ally for successful trauma assessment and treatment. By incorporating the principles of sexual health, trauma treatment professionals will uncover sexual attitudes and taboos that are barriers for attaining sexual health knowledge. This presentation will provide a map for increasing one's comfort, willingness and knowledge to initiate and facilitate sexual health conversations. Six fundamentals of sexual health will be proposed that can serve as a treatment frame and guide for sexual health conversations with individuals, couples, and families.

#### **Shannon Garrett**

Shannon Garrett, LGSW, LCADC is a licensed social worker and a licensed clinical alcohol and drug counselor. He graduated from the University of Maryland, School of Social Work and continues to be involved with the University as a field instructor. He did his undergraduate internship at Mountain Manor Treatment Center in Baltimore, Maryland, and was hired as a substance abuse counselor. He became the Clinical Director, where he envisioned and assisted in the implementation of a co-occurring continuum of care model for adolescents, young adults and their families. He was employed at Mountain Manor for over 21 years. Shannon has been the clinical coordinator for several NIDA, CSAT, CTN and SAMHSA research studies and is involved with the Addiction Technology Transfer Center where he travels to train and improve the knowledge base about clinical practice for adolescent

#### Engaging Youth and Families in Treatment, Session 1 of 2

This two part skills building workshop will identify current behavioral health risks to youth and discuss the barriers to engaging youth and families in a change relationship. A Stages of Change approach will be presented that addresses a necessary perspective when working with youth and their families. How do we get them to want to work with us? Motivational Interviewing skills will be presented as a foundation for assisting youth and their families to move through the change process. The presenter will invite participants to actively engage in experiential activities that provide a fun medium to engage youth and families in the treatment process.

Executive for Dominion Diagnostics in the Baltimore, Washington area.	
Mary Vicario & Carol Hudgins-Mitchell	Facilitating Healing, Resiliency and Hope, Session 1 of 3
	Trauma is now recognized as a near universal experience of individuals with
	behavioral health problems, often resulting in a complex array of social,
	emotional and behavioral challenges. Through understanding of the latest
	trauma research and careful translation into practice, we can help trauma
	survivors experience healing, resiliency and hope. This is a lively and
	interactive training that brings to life the neuroscience of trauma and the healing power of relationships. This training also provides self-care for
	caregivers and service providers, so they have what they need to assist with
	the important journeys of healing.
Dr. Holly Raffle/Valerie Leach	The Science of Youth-Led Prevention
Holly Raffle is an Assistant Professor at Ohio University's Voinovich School of	Youth-led prevention represents a sound investment in prevention
Leadership and Public Affairs. She serves as a research methodologist for	infrastructure through meaningful youth involvement in community
qualitative, quantitative, and mixed methods research projects including	prevention efforts. Youth-led prevention is a planned sequence of activities
program evaluation. Dr. Raffle primarily works in the disciplines of K-12	that utilize the practice and application of evidence-based prevention
education, post-secondary education, and public health. Additionally she is a	principles, policies, practices, strategies, and programs. Youth-led
Master Certified Health Education Specialist and has taught health in the	prevention provides a forum for youth to become informed, educate others,
public school system, as well as health, kinesiology, psychology, public	develop skills, alter risk behaviors, and affect environmental change.
administration and education courses at the collegiate level.	Since its inception in Ohio, youth-led prevention has been viewed as
Valerie Leach has been working in the field of behavioral health for more than	substance abuse prevention programming, but in theory and practice, it is
15 years. She is an adolescent prevention administrator in the Office of	so much more. Youth-led prevention in Ohio is a comprehensive approach
Prevention & Wellness. She started with ODADAS in 2006 as a counselor,	to addressing the social, emotional and behavior health needs of youth.
transitioning to prevention in 2008. She has worked in the field providing	Youth-led prevention is based on the following theories: social emotional
direct care services in correctional settings and also has experience providing	learning, resiliency, and developmental assets. These theories, in addition
community-based services to individuals with co-occurring substance use and	to evidence-based prevention strategies including education, alternative
mental health disorders. Leach graduated from Ohio University and holds a	activities, environmental and community-based process, provide a strong
Bachelor's degree in Criminal Justice. She is a Licensed Chemical Dependency	foundation toward supporting youth-led prevention.
Counselor II (LCDCII) and an Ohio Certified Prevention Specialist.	The cornerstones of youth-led prevention in Ohio are peer prevention,
	service learning, positive youth development, youth empowerment and
	youth organizing. This session will inform attendees about the research
	surrounding effective strategies for youth-led prevention, and how Ohio has
	incorporated those strategies into a theory of change for youth-led
	prevention programming and a framework for youth-led prevention.

Ashlee Walls	Help for Family Members of Military Service Members Reintegrating Back
	Home
Ashlee Walls is a Licensed Professional Counselor with 8 years of clinical	In this session, participants will have the opportunity to learn about the
experience. Following graduation from West Virginia University with her	various branches and components, common terms and acronyms, the
Master of Arts in Counseling, she worked as a therapist at Prestera Addiction	various phrases of the deployment cycle and associated emotions, the
Recovery Center (PARC) East in Dunbar, West Virginia. In 2011, she excitedly	reintegration process and how it impacts the various components, as well as
accepted a position as a Military and Family Life Consultant (MFLC) with the	the various family members differently, and how to provide support for the
Department of Defense. She provided non-medical counseling and	service or family member in our office.

#### Al Killen-Harvey

readiness of the soldiers in the WVARNG.

#### **Clinical Supervision Essentials for Trauma Therapy**

"Supervision: The untapped tool for a more effective trauma response." Individuals and organizations that work with trauma know the tremendous stress and professional burnout that can result. Organizations, agencies and individuals oftentimes overlook an untapped resource to deal with these stressors. Trauma informed supervision has been shown to significantly decrease the functional effects of secondary traumatic stress and may also be a significant cost saving approach for trauma serving organizations. This workshop will explore the high risk for secondary traumatic stress that trauma treatment professionals face and the ways in which trauma informed supervision can help to mitigate that risk.

#### **Heather Chapman**

#### Gambling Pathology & Other Related Behavioral Disorders

Dr. Heather Chapman is a clinical psychologist, a National Certified Gambling Counselor, Board Certified Clinical Consultant for the National Council on Problem Gambling, and a member of the Motivational Interviewing Network of Trainers. She is an associate professor of Psychiatry at Case Western Reserve University, Deputy Director of the Veterans Addiction Recovery Center and the Director of the Gambling Treatment Program at the Louis Stokes Cleveland VA Medical Center, a leader in the field with the only veterans' residential treatment program for gambling disorder in the nation for both the VA and Department of Defense. She speaks throughout the world on assessment and treatment of problem gambling. Her research interests include suicidality,

consultation for service members and their family members throughout West Virginiauntil the MFLC program ended in 2014. In February 2015, she accepted a position as a Behavioral Health Coordinator with the West Virginia Army National Guard Office of the State Surgeon, where she provides clinical and non-clinical counseling support services, focusing on individual medical

The addictions field is quickly growing beyond the focus of substance use, most notably with the recent inclusion of Gambling Disorder in the DSM-5 as an Addictive Disorder. As we have learned more about addictive behavior and mental health and wellness, it is clear that process addictions need to be considered during psychosocial assessment, and treatment. This presentation will review process addictions: the similarities and differences with substance addictions, and their clinical features. Practical insight with a review of useful therapeutic tools will be the focus to lend participants the ability to better assess, recognize and treat process addictions to ultimately improve clinical outcomes.

treatment engagement and retention and personality subtyping among those with gambling disorder.

#### **Jay Otto**

Jay Otto is a research Scientist and Manager for the Center for Health and Safety Culture at Montana State University. He is fascinated by human behavior, how systems influence behavior, and the role of culture. Jay received a bachelor's and master's degree from the Massachusetts Institute of Technology and manages the Center as well as participates in research projects. His issues of interest include substance abuse prevention, traffic safety and violence prevention. Jay previously worked at the community level as a manager of a prevention office within a local hospital. He has served on several local and state committees overseeing prevention efforts.

#### Jim Matney/Melissa Killeen

James Matney has worked in the field of addictions for over 25 years in the areas of administration, staff development, clinical oversight and compliance. He has developed early intervention, residential and outpatient programs to treat those suffering from addictions and co-occurring disorders, including trauma. He is a champion for integrated care, focusing on treating the "whole" person and screening early and intervening for substance abuse disorders in medical settings. He has extensive training experience in the dynamics of addiction as a chronic disease and how to screen, intervene early employing Motivational Interviewing techniques that promote change and reduce resistance.

Melissa Killeen, author of *Recovery Coaching - A Guide to Coaching People in Recovery from Addictions*, is an established recovery coach with broad understanding of recovery coaching as used in addiction treatment. Included in her first book on recovery coaching is the knowledge she has received from many years of recovery coaching, developing recovery support centers, as well as supervising and training recovery coaches. Killeen is the past president of Recovery Coaches International, an international association of recovery coaches. Killeen received her master's degree in Executive Coaching and a master's of philosophy in Organizational Dynamics and Executive Coaching from the University of Pennsylvania. With many years of personal recovery, she realized when studying executive coaching the impact coaching would have for those that want recovery but can't seem to achieve it.

#### **Transforming Culture Through Community Norms Change**

Jay Otto will discuss the Positive Culture Framework and how it is being applied by 12 counties in WV to reduce substance abuse. This approach seeks to grow positive beliefs and behaviors across the many layers of community to address substance abuse. The framework focuses on leadership, communication and integration skills among those engaged in prevention. As a part of this project, surveys have been conducted among WV adults and parents, law enforcement agencies and youth to better understand how they see these issues. These results, along with toolkits to grow protective behaviors, will be reviewed. The session will use "clickers" (interactive audience response devices) to explore the beliefs of audience members as well.

#### Trauma Informed Approaches for Peer Supports (P) Full Day Session

Matney and Killeen will participate with two other speakers in a recovery coach skill capacity building (full day) workshop to address the issues of trauma and co-occurring disorders in the context of strong ethical boundaries and strategies that promote personal wellness for those providing these services.

#### **Barri Faucett**

Barri Faucett, M.A., received her masters of arts degree in Clinical Psychology from Marshall University in 2003. Currently serving as the Director of Prevent Suicide WV and West Virginia's Youth Suicide Prevention and Intervention project, Mrs. Faucett oversees and implements directives designed to address suicide prevention and intervention for all West Virginians. This includes managing and developing program objectives, activities, procedures and protocol for effective suicide prevention and intervention efforts and oversight and technical assistance in implementation of evidence-based practices and capacity building initiatives for statewide suicide prevention efforts across systems and agencies. Her clinical experience includes direct service in intensive outpatient programs related to children and adolescents. Mrs. Faucett is a Master Question, Persuade, Refer (QPR) Gatekeeper: safeTALK and Applied Suicide Intervention Skills Training (ASIST) Trainer, providing trainings for professionals, consumers, youth and community members.

## There's an App for That: Suicide Prevention Apps for At-Risk Individuals and Providers

Providers in primary care are in a unique position to prevent suicides as research indicates that people who die by suicide are more likely to have seen their primary care provider shortly before their death more than any other health care professional. Based on the evidence-based Suicide Prevention Toolkit for Rural Primary Care Practices, this workshop will highlight the process of seamlessly integrating suicide prevention into primary care practice. In this workshop, attendees will be introduced to the prevalence, comorbidity and epidemiology of suicide; effective prevention strategies in the health care setting; critical assessment parameters for identifying at-risk individuals; and intervention practices and resources, including apps, on how to identify and refer at-risk individuals.

#### **Dave Sanders**

#### KenZoe Brian Selassie

KenZoe Brian Selassie, Ph.D., is a critical research scholar and professor, consultant and public servant. As a resource development consultant, Dr. Selassie advises clients on resource development and work related to resource development (e.g., grant writing/management, fundraisers, partnerships, charitable investments, sponsorships, intercultural marketing communication, outreach and education, program evaluation, data collection and research). At a milestone in his professional career, Dr. Selassie served as the chief development officer for the District of Columbia Department of the Environment designing, implementing and managing the Grants and Contracts Management Divisions' operations and \$88 million grant portfolio. To date, Dr. Selassie has secured approximately \$46 million in grant awards. Dr. Selassie earned a Doctorate of Philosophy in Communication and Culture from Howard University. He currently resides in Washington, D.C. and serves as a commissioner for the Washington, D.C. Commission for the Martin Luther King, Jr., holiday and is a board member of the Gatekeepers' Initiative.

#### Mental Health First Aid: Adult, Session 4 of 5

#### Grant Writing, Session 1 of 3

The session will help participants research and identify potential grant sources and develop the skills needed to write competitive grant proposals successfully. Participants will learn the various components of proposal writing such as developing a statement of need/rationale, implementation strategies, outcomes, personnel, evaluation, budget, attachments and an executive summary. The participants will learn the various techniques necessary to successfully complete foundation and federal grant applications.

#### **Gabor Maté**

Gabor Maté is a medical doctor recently retired from active practice. He was a family physician for two decades and for seven years he served as Medical Coordinator of the Palliative Care Unit at Vancouver Hospital. For twelve years he worked in Vancouver's Downtown Eastside with patients challenged by hard core addiction, mental illness, HIV and related conditions. For two years he was the onsite physician at Vancouver's unique Supervised Injection Site, North America's only such facility. He is internationally known for his work on the mind/body unity in health and illness, on attention deficit disorder and other childhood developmental issues, and his breakthrough analysis of addiction as a psychophysiological response to childhood trauma and emotional loss. He is the author of four best-selling books published in twenty languages on five continents, including When The Body Says No: Exploring the Stress-Disease Connection and the award-winning In the Realm of Hungry Ghosts: Close Encounters with Addiction. Gabor is the recipient of an Outstanding Alumnus Award from Simon Fraser University and an Honorary Degree of Law from the University of Northern British Columbia, among other awards. He frequently addresses professional and lay audiences in North America on issues related to childhood development and parent, physical and mental health and wellness and addiction. He is Adjunct Professor in the Faculty of Criminology, Simon Fraser University. His next book, Toxic Culture: Trauma, Illness and Healing in a World of Materialism, will be published in 2016.

## The Hungry Ghost: a Biopsychosocial Perspective on Addiction, from Heroin to Workaholism

Contrary to what is often claimed, the source of addictions is not to be found in genes, but in the early childhood environment where the neurobiology of the brain's reward pathways develops and where the emotional patterns that lead to addiction are wired into the unconscious. Stress, both then and later in life, creates the predisposition for addictions, whether to drugs, alcohol, nicotine or to behavioral addictions such as shopping or sex.

Helping the addicted individual requires that we appreciate the function of the addiction in his or her life. More than a disease, the addiction is a response to a distressing life history and life situation. Once we recognize the roots of addiction and the lack it strives (in vain) to fill, we can develop a compassionate approach toward the addict, one that stands the best chance of restoring him or her to wholeness and health.

#### **Shannon Garrett**

#### Mary Vicario & Carol Hudgins-Mitchell

#### Elizabeth Shahan/Jo Anne McNemar

Mrs. Shahan is the Executive Director for the Harrison County Family Resource Network, which is the fiscal agent for the Harrison County Prevention Partnership in Harrison County, WV. She has a master's degree in Social Work and is licensed in the State of West Virginia. She is also certified as a Prevention Specialist II. Mrs. Shahan is the grant manager for Project SUCCESS, a regional substance abuse prevention grant and Partnerships for Success funding for two counties. She has studied community mobilization in response to conflict in South America and Mexico. She has been training/teaching adults and youth for 11 years. She provides training throughout West Virginia on a variety of topics, including educating professionals, community members and youth in an array of substances,

#### Engaging Youth and Families in Treatment, Session 2 of 3

#### Facilitating Healing, Resiliency and Hope, Session 2 of 3

#### **Coping with Work and Family Stress EBP**

In this interactive workshop participants will learn how to identify sources of work and family stress and experience a problem-solving approach to generate ways of responding to a stressful situation. The participants will increase their repertoire of coping strategies to alleviate or manage stress. Individuals will be able to select the best approach for them. The effective reduction of stress increases personal health and job effectiveness.

coping with work and family stress issues, relationship enhancement education and financial literacy using evidence-based programs and strategies. She also works with community members and stakeholders to create sustainable positive change using environmental strategies in substance abuse prevention.

Jo Anne McNemar has twenty-seven years of experience in substance abuse prevention, working previously in the field of mental health. She is a graduate of the WVU School of Medicine with a focus on Community Health Education and has an undergraduate degree in Psychology. Jo Anne has presented on a national, state and local level. Most recently, she was awarded a Community Outreach Award from the Northern District U.S. Attorney and the U.S. Department of Investigation "in recognition of outstanding service to the local community and of enduring contributions to the advancement of justice". She is also a recipient of the Director's Community Leadership Award on behalf of the Harrison County Prevention Coalition.

#### Tara Moseley Young People in Recovery

Tara Moseley is a college student at Jefferson Community and Technical College with an ambition to go to University of Louisville and complete a Bachelor in Political Science on a Public Policy and Pre-Law track, with a minor in Social Work. Tara has helped to develop two successful transitional living houses for women in the Louisville, Kentucky area. She facilitated trainings at a local Homeless Shelter with a Recovery Program, for people seeking higher education. Tara is also a person in long term recovery, and has been in recovery since April of 2011. In May of 2014, she reached out to Young People in Recovery because she watched many of her peers struggle to maintain their recovery because of living circumstances, employment, and lack of support, herself included. She has established a chapter in her community in Louisville, Kentucky. The local chapter has trainings that are open and free to the public for those seeking higher education and employment. She has worked with SAMHSA and BRAS TACS to design a standard for peer supports services, and bring awareness of Recovery across the Midwest region.

Tara will present on the value of peer supports to sustain the recovery process of youth, as highlighted with Young People in Recovery. During this presentation, she will expand on the importance of empowering youth to reach their full potential while utilizing their experiences as assets.

# Gabor Maté Why Children are Stressed, Why Parents and Teachers are Dis-empowered, and How to Restore a Healthy Balance in Adult-Child Relationships

Parenting and teaching are much harder than they used to be and than they should be. In *Hold On To Your Kids,* Dr. Gabor Maté, (with developmental psychologist Gordon Neufeld) discuss a provocative and important view of

why this is, and what we can do to counteract it.

The root of the problem is that children no longer look to adults for emotional support, the teaching of values or the modeling of behavior. Peer orientation refers to the tendency of children and youth to look to their peers for direction: for their sense of right and wrong, codes of conduct and their very identity. Peer orientation undermines family cohesion, sabotages healthy development and fosters an aggressive and prematurely sexualized youth culture. For parents already challenged by the demands of our multitasking world and stretched by stark economic realities, peer orientation further complicates the task of child rearing. Children were never meant by nature to be in a position where they are so dominant in influencing one another. This state of affairs may be the norm today, but it's neither natural nor healthy. Historically, it is a very new development due to economic and social influences prevalent since World War II, resulting in a deep undermining of adult-child connections.

This talk aims at restoring parenting to its natural intuitive basis and the adult-child relationship to its rightful preeminence. The concepts, principles and practical advice articulated will empower parents, teachers and other adults who play a nurturing role to be for children what nature intended: the true source of contact, security and warmth. Parents must regain their natural authority, without coercion, punishment and artificial consequences. Children need to be protected from becoming lost in the emotionally barren and culturally backward world of peer orientation.

#### Dianna Bailey-Miller/Laura Manuel Walls

Dianna Bailey-Miller is the State Youth MHFA Coordinator for West Virginia's Project AWARE. The overarching goal of Project AWARE is to promote school-community partnership to connect families, schools and communities to mental health services and provide evidence-based programs for safe and supportive school and community environments. She is a certified Youth MHFA instructor and one of only six certified instructors trained to teach the course. She has worked with children and families in a variety of systems within WV over the past 12 years. Her passion is working across child-serving systems/communities to ensure children and youth with behavioral health concerns have access to quality services and supports to improve overall well-being.

Laura Manuel Walls, M.A., NCC, Provisionally Licensed Counselor, obtained a

#### Mental Health First Aid: Youth, Session 1 of 5

Youth Mental Health First Aid (MHFA) is an evidenced-based curriculum designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth MHFA is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development and teaches a five-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD) and eating disorders. The course also provides information on where to turn for professional, peer and self-help resources.

master's degree in Counseling from WVU. She currently is the Children's Liaison/Therapist at Valley HealthCare System, where she provides individual and family therapy to children, adolescents and parents/guardians, advocates on behalf of clients and helps link clients with needed services, and provides education and prevention services to the community about mental health needs of children. Previously, she worked at the Rape and Domestic Violence Information Center, providing advocacy and crisis intervention to children and families affected by domestic violence, sexual assault, incest and child abuse. She also has experience in the school system, working with school counselors to provide short-term and long-term counseling for students in crisis, and students with academic, career and personal/social concerns. She runs a Growth Group for first-year WVU Counseling master's students to work through issues related to mental health to prepare students for work as counselors. Jim Matney/Melisa Killeen Trauma Informed Approaches for Peer Supports (P) **Nora Baladerian** Case Consultation: Individuals with IDD and Mental Health Challenges, Session 1 of 2 Dr. Baladerian is a licensed psychologist and MFT practicing clinical work in Los Angeles, CA. She specialized in trauma and abuse of individuals with intellectual and developmental disabilities, serving them in her clinical practice. In addition, she is the Executive Director of the Disability and Abuse

Dr. Baladerian is a licensed psychologist and MFT practicing clinical work in Los Angeles, CA. She specialized in trauma and abuse of individuals with intellectual and developmental disabilities, serving them in her clinical practice. In addition, she is the Executive Director of the Disability and Abuse project. She is an expert witness for cases nationally and locally. She speaks to audiences nationally on topics including law enforcement disability services, mental health and program development. She provides seminars on how to reduce the risk of abuse for agencies, parents and individuals with disabilities. She is the author of several guidebooks and videos for law enforcement on communicating with individuals with disabilities, books for and about abuse and is the co-researcher of the 2012 national Survey on Abuse and Disability. She was the recipient of the 2008 National Crime Victims Services Award from the U. S. Department of Justice.

This is designed for mental health clinicians to bring the cases they are struggling with for analysis and case recommendations. Clinicians are invited to submit their cases in advance. This forum invites lively discussion contribution of ideas and novel approaches, resulting in a guide for "next steps" for each case. Among the many benefits from this program, there is a deepening (or beginning) of relationships among local professionals that strengthens the community, as long-term collaborations often ensue. If you have no case to contribute, please join the group to add your expertise and perspective to the discussion. This is a two-part program, which will provide plenty of time for each case.

Dave Sanders	Mental Health First Aid: Adult, Session 5 of 5
KenZoe Brian Selassie	Grant Writing, Session 2 of 3
Barri Faucett	Suicide Safe: An Introduction to Suicide Prevention and Intervention in the
	Health Care Setting
	Suicide is a complex, multidimensional event warranting comprehensive,
	integrative, multidiscipline prevention and intervention efforts. Suicidal
	emergencies have commonalities, as well as distinctions, as they affect
	various populations. Suicide prevention and intervention is an opportunity

# for anyone to be placed in a situation to save an individual's life. In this workshop, attendees will be introduced to the most recent data concerning suicide in specific high-risk populations; critical assessment parameters of the recognition of at-risk individuals; dialogue on how to identify and refer at-risk individuals; and apps relevant to prevention and intervention efforts for both at-risk individuals and providers. The purpose of this workshop is to increase the willingness and capability of participants to interact with at-risk individuals in providing for appropriate dialogue and a wide array of mobile apps pertinent to suicide prevention and intervention and mental health promotion. Facilitating Healing, Resiliency and Hope, Session 3 of 3 Brief Prevention Interventions: Targeting Multiple Health Risks Using

#### Mary Vicario & Carol Hudgins-Mitchell

#### Chudley Edward Werch, Ph.D.

Dr. Werch is President and Founder at Prevention Plus Wellness, LLC. He has over 30 years of experience translating science into effective and practical programs, materials and services for organizations, communities and families who are passionate about improving the physical, mental and spiritual health and positive development of youth and young adults. Chudley is dedicated to providing youth service providers, peers and parents with skills and tools to enhance the whole health and personal improvement of young people. Dr. Werch's professional experience includes receiving a doctorate from the University of Wisconsin-Madison with a major in Curriculum and Instruction and a minor in Educational Psychology. He has conducted substance abuse and health behavior research at the University of Arkansas, University of North Florida, University of Florida and Mayo Clinic. In addition, he created the Behavioral-Image Model (BIM), a theoretical framework for planning interventions designed to improve the physical, mental and spiritual health of young people by targeting their positive images and multiple behavior goal setting skills. Chudley has developed and evaluated four evidence-based programs (EBPs) and two positive image multiple behavior EBPs listed on four evidence-based databases, including SAMHSA's National Registry of Evidence Based Programs and Practices (NREPP), and Blueprints for Healthy Youth Development. He has published over 115 scientific and professional articles and has received nearly \$16 million in funding for conducting prevention and health intervention research. Dr. Werch is a past Fellow of the Society of Behavioral Medicine, and past Fellow and President of the American Academy of Health Behavior.

# Brief Prevention Interventions: Targeting Multiple Health Risks Using Positive Images

This presentation will provide participants with an understanding of the current epidemic of multiple and co-occurring health risks facing American youth. It will then offer them a theory, research and practice-based approach for solving the epidemic by planning and implementing programs that integrate the promotion of wellness behaviors and images with the prevention of substance abuse. Attendees will learn about the conceptual basis for creating integrated programs that target positive images of youth, and the multiple behavior outcomes shown by research to result from brief integrated interventions. Lastly, all participants will be given a free e-book describing a wellness approach to preventing youth risk behaviors.

#### Martha Minter/Panel

#### **Introduction to Equine Therapy Across Populations**

Martha Minter is the Assistant Director of Community Access, Inc., and coowner of Red Barn Stables, LLC. She has been certified by the Equine Assisted Growth and Learning Association (EAGALA) since 2001. Martha provides equine assisted psychotherapy and learning services to individuals and groups.

Melanee Sinclair is the Coordinator of Field Instruction and an Associate Professor in the Social Work Department at Bethany College. She is certified by EAGALA and is in the process of completing Advanced Certification.

Carol Petito is the Executive Director and founder of On Eagles' Wings Therapeutic Horsemanship Center. She is a registered level PATH therapeutic riding instructor and a PATH mentor. Carol is also an adjunct professor at West Virginia University.

Lynette Otto is the owner of Shayna Meadows therapy and Wellness, LLC, a beautiful 50 acre farm located at Marlinton, WV. She provides equine assisted therapy to children and adults who struggle with a wide range of issues.

There is increasing evidence and research that recognizes the power of the animal-human bond, specifically, the healing power of horses, both emotionally and physically. This panel discussion will offer an explanation of two models of equine assisted therapy that are currently available in West Virginia, EAGALA and PATH. The panel will also lead a discussion of where these and other equine assisted therapy services are located, what populations are served and the growing network of equine assisted therapy professionals.

#### Al Killen-Harvey Introduction to Transgendered Youth and Young Adults

The primary goal of this workshop is to explore the high degree of risk of abuse faced by gay, lesbian, bisexual, transgender and questioning adolescents. Due to a lack of information and visibility, this group of adolescents faces physical, sexual and emotional abuse at home, school and in society at large. The discussion will include an overview of the stages of sexual identity development and identification of the physical and emotional stressors experienced by this population. There will also be an exploration of the cultural and institutional dynamics that reinforce this abuse.

# Gabor Maté When the Body Says No: Mind/Body Unity and the Stress-Disease Connection

Stress is ubiquitous these days — it plays a role in the workplace, in the home, and virtually everywhere that people interact. It can take a heavy toll unless it is recognized and managed effectively and insightfully.

Western medicine, in theory and practice, tends to treat mind and body as separate entities. This separation, which has always gone against ancient human wisdom, has now been demonstrated by modern science to be not only artificial, but false. The brain and body systems that process emotions are intimately connected with the hormonal apparatus, the nervous system, and in particular, the immune system. Emotional stress, especially of the

nidden kind, undermines immunity, disrupts the body's physiological milieu and can prepare the ground for disease. There is strong evidence to suggest that in nearly all chronic conditions, from cancer, ALS or multiple sclerosis to autoimmune conditions like rheumatoid arthritis, inflammatory bowel disease or Alzheimer's, hidden stress is a major predisposing factor. In an important sense, disease in an individual can be seen as the "end point" of a multigenerational emotional process. If properly understood, these conditions can provide important openings for compassion and self-awareness, which in turn are major tools in recovery and healing.
Or. Maté's presentation includes research findings, compelling and poignant anecdotes from his own extensive experience in family practice and palliative care, and illuminating biographies of famous people, such as athlete Lance Armstrong, the late comedienne Gilda Radner and famed passeball legend Lou Gehrig. The presentation is based on When The Body Says No, a best-selling book that has been translated into more than ten anguages on five continents.
outh Lead Prevention Efforts Proven Successful
SADD Students will present the road to success as National SADD Chapter of
he Year. Hear their personal struggles and the importance of community
prevention programs where youth leadership is essential.
Frauma Informed Approaches for Peer Supports (P)
Case Consultation: Individuals with IDD and Mental Health Challenges,
Session 2 of 2 Wental Health First Aid: Youth, Session 2 of 5
Grant Writing Session, Session 3 of 3
Evening Concert
LVEITING CONCERT
arthudi m coo

asked her, Templeton would tell you she feels like that's her Grammy in the horse world! Templeton is also a very proud ambassador for EAGALA.	
Templeton recently teamed up with Cindy Meehl (the award winning director	
of Buck, the film) to make a music video for Templeton's song "When I Get	
that Pony Rode." The music video premiered on CMT.com and climbed to #1	
in its first week and made its network TV debut on GAC's "Daily Countdown"	
show.	
Movie	THE ANONYMOUS PEOPLE is a feature documentary film about the over 23
	million Americans living in long-term recovery from addiction to alcohol and
	other drugs
Thursday, Septe	
Dr. Mel Pohl	KEYNOTE-Pain and Addiction: Challenges and Controversies
Mel Pohl, M.D., FASAM, is a Family Practitioner and the Medical Director of Las Vegas Recovery Center. He is certified by the American Board of Addiction	When we think about pain we often wonder whether it's "real" or not. We have a tendency to believe that pain based in emotions is less "valid" than
Medicine (ABAM) and is a Fellow of the American Society of Addiction Medicine (ASAM). Dr. Pohl is a Clinical Assistant Professor in the Department	physical pain. This discussion will explore the fact that all pain is real, based on neurophysiologic phenomena in specific parts of the brain. Treatment
of Psychiatry and Behavioral Sciences at the University of Nevada School of	implications will be described as part of "Pain Recovery" which is especially
Medicine. He is author of several books including A Day Without Pain. He is	challenging when substance use disorder is present.
co-author of Pain Recovery: How to Find Balance and Reduce Suffering from	
Chronic Pain and Pain Recovery for Families: How to Find Balance When	
Someone Else's Chronic Pain Becomes Your Problem Too. His new book with	
Kathy Ketcham from DaCapo Press, The Pain Antidote -Stop Suffering from	
Chronic Pain, Avoid Addiction to Painkillers, and Reclaim Your Life, was	
published June 2015.  Robert Gonzales, M.R.E., M. Div. Deputy Director of paxUnited, The National	Using Peer LeD Programs to Empower Youth, Increase Resiliency and
Mediation Center	Develop Prosocial Life Skills
Robert Gonzales has been with paxUnited for the past 13 years providing	Peers are often the most powerful influences in the lives of our youth. This
training and technical assistance to schools and communities across the	influence can be either positive or destructive. This interactive workshop
nation. Previously, he has served as the Texas State Coordinator for the	will focus on the effectiveness of using peer-led programs to touch the lives
Southwest Regional Center for Safe and Drug Free Schools. He directed the	of our youth in a positive manner. Participants will experience components
drug prevention and education program at St. Mary's University in San	of two highly successful, nationally-recognized, evidence-based peer
Antonio, Texas. While at St. Mary's, he developed the Student and Employee	programs and learn what it takes to implement such programs in their
Assistance program and coordinated the Campus Mediation Center. Robert	communities. PaxUnited's "Peers Making Peace" is the only peer mediation
has been a program manager for the San Antonio Council on Alcohol and Drug	program in the country recognized by three federal agencies and listed in
Abuse. He has served as an adult Probation Officer and as a pastor of a parish.	NREPP. PaxUnited's "Positive Action Center" is the peer mentoring program
	based on "Peers Making Peace," which has been equally effective.
Rachel Moss	Panel (BMS, First Choice, Prestera): Proven Practice in Telehealth and How
	to Pay for It

Rachel Moss, Program Manager, Division on Alcoholism and Drug Abuse within the West Virginia Department of Health and Human Resources, Bureau for Behavioral Health and Health Facilitieshas worked in the behavioral health field since 2005. She entered during her undergraduate studies working in direct practice positions both in residential and crisis facilities. completion of her B.A. in Psychology from West Virginia University, she was hired by WV's largest comprehensive behavioral health organization as a housing apecialist for chronically mentally ill and recovering consumers. Over the next five years, Rachel supervised an array of co-occurring programs, including adult residential, children and family community based services and crisis stabilization services. In May 2012, Rachel earned her Master's of Social Work degree from West Virginia University and was hired by the State of WV into her current position. She is a Licensed Certified Social Worker (LCSW) in WV, a regional Telehealth trainer for the Central East Addiction Technology Transfer Center (ATTC) and serves as WV's National Treatment Network (NTN) representative, as well as the greater Region III NTN representative, for the National Association of State Alcohol and Drug Abuse Directors.

The panel session will include providers and representatives from Medicaid to demonstrate proven practices in Telehealth services, showcase funding opportunities for telehealth services and explore the integration of telehealth services in organizations serving individuals with behavioral health disorders.

#### **Fred Brason**

Fred Wells Brason II is the President/CEO of Project Lazarus, a community-based opioid poisoning prevention model that also presents responsible pain management and promotes substance use treatment/support services. Project Lazarus serves various parts of the U.S., including Military and Tribal groups. Brason is a member of the National Association of Drug Diversion Investigators (NADDI), APHA and NCPHA. He has served on the FDA scientific workshop committees for the role of Naloxone in Opioid Overdose Fatality Prevention and Assessment of Analgesic Treatment of Chronic Pain. Additionally, Mr. Brason co-chaired the Expert Committee for the creation of the SAMHSA Overdose Toolkit. Mr. Brason received the Robert Wood Johnson Foundation Community Health Leader Award in 2012 and has been inducted into their Alumni Network.

#### Sue Julian & Barbara Steinke

Sue Julian and Barbara Steinke are certified yoga instructors, founders and codirectors of Laotong Yoga, Inc. Both teach at The Folded Leaf Yoga Studio in Charleston, WV, and since September 2013, guide yoga classes at West Virginia's only prison for women, Lakin Correctional Center in Mason County, and at the maximum security prison for men, Mt. Olive Correctional Complex

#### **Projected Lazarus-Naloxone Dissemination and Effectiveness**

Project Lazarus developed strategic action plans targeting risk factors for opioid abuse through local community coalitions. This workshop will emphasize #6 of the Model Spokes pertaining to naloxone. The Project Lazarus public health model is based on the premises that drug overdose deaths are preventable and that all communities are ultimately responsible for their own health. The model relies on a three-part foundation: community awareness about the issue, coalition action to coordinate community response to the issue and on-going use of local data and evaluation to ground the community's response in their unique local needs. The model includes seven components and each component has a menu of different activities that can fall within it and will be presented and fully explained: 1) community education, 2) prescriber education, 3) hospital ED policies, 4) diversion control, (5) pain patient support, 6) harm reduction, and 7) expanding across and receptivity to drug treatment.

#### **Using Yoga in Correction Populations to Reduce Trauma**

Research shows that prison is often a breeding ground for mental, emotional and physical distress. Experiences of anxiety, fear, depression, distrust, agitation, hopelessness, grief and violence can greatly increase under conditions of incarceration. Latong Yoga Prison Project is innovative in WV's prison system and addresses the need for consistent, accessible,

in Fayette County, WV.	non-judgmental and professionally facilitated mindfulness practice
in rayette country, www.	programs. When practicing yoga, individuals are invited to tap into their
	inner resources and engage in the process of developing skills that inform
	awareness of others, support healthier and more productive choices, resist
	recidivism, foster change from the inside out and impact behavioral
	responses both in prison and upon release. Incarcerated persons exposed
	to yoga and mindfulness are better equipped to resourcefully re-enter into
	the community.
Nora Baladerian	How to Provide Therapy to Children/Adults Who are Victims of Trauma
	This is designed for mental health clinicians and others who play a
	significant role in the lives of traumatized children and adults with
	intellectual and developmental disabilities. While many of the basic tenets
	of trauma treatment are well-recognized and accepted, it is also true that
	those who specialize in providing trauma treatment to children and adults
	with intellectual and developmental disabilities are few and hard to locate.
	This presentation provides a road-map for any willing therapist to easily
	embrace working with this population. Many case examples will be used to
	illuminate the points made. The presentation is based upon the speaker's
	guide on providing therapy called "RAPPORT," an acronym for each of the
	steps in the process of providing effective therapy, including designing an
	individual response plan for "the next" trauma, prior to concluding the
	therapy.
Dr. Jason Fruth	Creating Nurturing Environments with Evidence-based Kernels
Dr. Jason Fruth is an assistant professor in Wright State University's College of	This session will present the Nurturing Environment Framework to identify
Education and Human Services and is the Program Director of the nationally	and describe deficits in programs and environments for children. This
recognized Intervention Specialist Program. He is also the head of Wright State	session will then present Evidence-based Kernels as a way to augment
University's Office for Educational Research and has published multiple articles	existing systems to more fully embrace the needs of all children. Finally, this
on the impact of universal prevention in the classroom. Dr. Fruth is currently	session will demonstrate examples of successful programs built on Evidence-
the lead investigator on four randomized control trials tracking the impact of	based Kernels.
prevention on Ohio schools and children. In addition to infusing evidence-	
based universal preventive interventions into the pre-service teacher training	
for early and middle childhood teachers, Dr. Fruth has created a community	
engagement extension that is already at work spreading prevention strategies	
in the community through juvenile justice, the police force, daycares and	
medical facilities.	
Inetta Fluharty	SafeGuard Abuse and Neglect of People with I/DD
Inetta Fluharty has worked in the field of disabilities for over 30 years, is the	Children and adults with disabilities have among the highest rates of
owner of a disability resource and assistive technology company and is a	physical, emotional and sexual abuse compared to any other group in our

certified Assistive Technology Professional. Currently, Inetta is the Program Specialist for WV AgrAbility (a USDA grant that assists farmers with illness or injury find solutions to continue farming) and trainer for a statewide initiative educating about abuse and neglect of individuals with disabilities. Inetta has served as West Virginia's Americans with Disabilities Act Coalition Coordinator and is a Level III ADA surveyor. She was also the state coordinator for the Traumatic Brain Injury/Spinal Cord Injury Pilot Project. Inetta has been an advocate, facilitator and educator assisting individuals and communities reach their maximum level of independence through daily living skills training, benefits assistance, disability awareness training, ADA trainings, accessibility surveys, assistive technology training and technical assistance.

society today. This session will provide the statistical reference for this statement as well as explore the signs and indicators of abuse, how power and control can lead to abuse and neglect and what providers and the community can do to protect individuals with disabilities from abuse and neglect.

#### Sarah Kunkel/Peggy Hovatter

Sarah Kunkel is a Board Certified Behavior Analyst (BCBA) who currently works as a Positive Behavior Support Trainer for the West Virginia Autism Training Center at Marshall University. Upon graduating with her master's in Psychology, Sarah has spent her seven years with the Center supporting individuals with Autism Spectrum Disorders (ASD) as well as their family members and professionals. Over the years, she has provided numerous trainings to parents and professionals covering a wide variety of issues related to ASD that focus around Positive Behavior Support.

Peggy Hovatter, M.A., is a senior Positive Behavior Support trainer with the West Virginia Autism Training Center. She has had the pleasure of learning from people with autism for 30 years, both in a professional capacity and as "Luke's aunt," who is an adult on the spectrum. In addition to traveling statewide to train teachers and families on how to develop and implement social clubs, Peggy provides individualized Positive Behavior Support to people with autism and their families in West Virginia.

#### Trauma-Informed Positive Behavior Support

Trauma is a widespread issue within the United States. Those affected by it can suffer underlying emotional, neurobiological and psychological issues that often impact various facets of their childhood development. Positive Behavior Support (PBS) and person-centered planning can be effective tools in creating meaningful supports and outcomes within trauma care. Although traditionally utilized within the fields of education and developmental disabilities, these strategies help to aid professionals in exploring trauma victims beyond the trauma itself. Understanding these philosophies and strategies across multiple terminologies will allow participants from a variety of professional fields who are involved in trauma care to improve outcomes for clients and their quality of life.

#### **Molly Stone/Sarah Malich**

Molly Stone is the Chief of the Bureau of Prevention in the Office of Prevention and Wellness. She is an Ohio Certified Prevention Specialist II and a Licensed Social Worker with a Bachelor of Science Degree in Education from Ohio State University. She has over 22 years of experience in prevention project development and management and is currently the Chief of the Bureau of Prevention at the Ohio Department of Mental Health and Addiction Studies. She has provided training and technical assistance to prevention professionals across Ohio in the areas of program planning, design and implementation, evaluation, budgeting data collection and youth development. She has

#### Scare Tactics Don't Work

When it comes to preventing alcohol, tobacco and other drug use, you are encouraged to focus efforts on teaching children what TO do, instead of what NOT to do, and reminding them regularly that the majority of youth do not use. Research shows that increasing fear about drugs and alcohol without providing clear action steps can actually increase use. This happens when we arouse too much fear and provide too simple of an action message. In this session, we will outline the reasons that scare tactics (fear arousal) is an ineffective prevention strategy.

assisted the IC & RC in item writing and is a Substance Abuse Prevention Skill Training (SAPST) trainer. She also serves on many statewide and federal level committees in addition to being a federal reviewer for the National Association of State Alcohol and Drug Abuse Directors (NASADAD) exemplary prevention programs, a Central CAPT Associate and the past president of the National Association of Teen Institutes. Stone has also served as the Ohio National Prevention Network (NPN) representative.

Sarah Malich graduated from Ohio State University with a bachelor's and master's degree in Social Work and is currently working on obtaining an Ohio Certified Prevention Specialist certification. Sarah serves as the Ohio Youth-Led Prevention Network (OYLPN) Program Manager at Drug Free Action Alliance. Sarah's role as the Program Manager is to build and expand partnerships between youth-led programs at the state and local levels. Sarah is also a product of youth-led programming.

Before her time at Drug Free Action Alliance, Sarah worked as a community and school based mental health counselor at Directions for Youth and Families in Delaware, Ohio.

#### Dianna Bailey-Miler/Laura Manuel Walls

#### Dr. Stefan Maxwell

Stefan R. Maxwell is certified by the American Board of Pediatrics and is certified in Neonatal - Perinatal Medicine. He is a Fellow of the American Academy of Pediatrics and has served West Virginia mothers and babies at CAMC Women and Children's Hospital for over 25 years. He has been the Medical Director of the NICU since 1990 with PEDIATRIX Medical Group and has served as the Chief of Pediatrics for the past 20 years. Dr. Maxwell has served on the Perinatal Partnership Central Advisory Council since 2006, providing leadership as Chair of the Central Advisory Council since 2013 and Chair of the Committee on Substance Use During Pregnancy for over 9 years. He is a member of the Governor's Advisory Council on Substance Abuse since its inception in 2011. He has provided expert testimony to the WV Legislature and the Congress of the United States on substance use in pregnancy. He has also provided testimony on the Uniform Maternal Risk Screening legislation and the Infant Mortality review legislation, and has continued to raise awareness within the State Legislature regarding alcohol, tobacco and drug use during pregnancy. His commitment and leadership has been important to the Partnership's successes in policy improvement for the care of mothers and babies.

#### Mental Health First Aid: Youth, Session 3 of 5

#### New Research into the Identification of Alcohol Exposed Pregnancies

Dr. Maxwell will provide new research into the identification of alcohol exposed pregnancies and will explore the following objectives:

- 1. Raising awareness of effects of alcohol in pregnancy on the fetus;
- 2. Sharing a pilot study on prevalence of alcohol use in pregnancy; and
- 3. Discussing consequences of misdiagnosis of fetal alcohol exposure.

#### **Ross Szabo**

Ross Szabo is a social innovator who pioneered the youth mental health movement. He is the CEO of Human Power Project, a company that creates mental health curriculum for people of all ages. He was the Director of the National Mental Health Awareness Campaign (NMHAC) from 2002 – 2010. In his time at NMHAC, Ross spoke to over one million people about his experiences with bipolar disorder, created the first youth mental health speakers' bureau in the country, which is now a part of Active Minds and coauthored a book titled *Behind Happy Faces*. The speakers he has trained have spoken to millions of students. Ross received the 2010 Didi Hirsch Removing the Stigma Leadership Award, the 2012 Changing Minds Award and had his advocacy work entered into the Record of Congress. He's featured in Scientific American's Psychology textbook and is a blogger for the *Huffington Post*.

# Joseph Garcia and Justice Reform Panel with Robert McKinney II, Rebecca Broadman, Stephanie Bond

Joey Garcia serves as Director of Legislative Affairs for West Virginia Governor Earl Ray Tomblin, holding this position since October of 2014. A native of Fairmont, West Virginia, Garcia acts as chief liaison between the Governor's Office and the West Virginia Legislature, promoting the Governor's legislative priorities and policy initiatives.

Garcia also advises Governor Tomblin on issues relating to criminal justice reform, juvenile justice and substance abuse prevention and treatment. In 2014, Garcia was appointed by Governor Tomblin to serve as Chair of the West Virginia Intergovernmental Task Force on Juvenile Justice. This Task Force made recommendations that led to the passage of the Governor's comprehensive juvenile justice reform legislation, senate Bill 393, in the 2015 Regular Legislative Session.

From 2012 to 2014, Garcia served as Deputy General Counsel to Governor Tomblin. Before serving in state government, Garcia practiced law at Spilman, Thomas and Battle, PLLC, in Charleston, WV.

#### **Russ Taylor and Randy Housh**

Russ Taylor has over 30 years clinical experience and is recently retired from the Dr. Lee Jones Miracles Happen Center at Healthways in Wheeling, WV. Russ is a former President of WVAADC and has served on the WVCBAPP numerous times and is currently serving on the WV Governor's Advisory Council on Substance Abuse.

#### **KEYNOTE-Behind Happy Faces: Talking about Mental Health**

When Ross was a freshman in college, everything on the surface seemed to be fine. He was making friends, getting good grades and had a fun social life. However, no one could have imagined how many emotions he was suppressing. Ross was diagnosed with bipolar disorder at age 16, was hospitalized for attempting to take his own life during his senior year of high school, and like so many other freshmen, just wanted to fit in. He tried to hide what he was feeling to convince everyone that everything was ok, but that can only last for so long. Ross teaches about the complexities of mental health issues and empowers others to seek help. Ross uses his personal experience to highlight the steps of recovery and maintaining mental health. He focuses on the role of neural pathways in developing effective coping mechanisms to balance his life.

#### **Juvenile Justice Reform Panel**

The Juvenile Justice Reform session will focus on the findings of the intergovernmental task force that made recommendations that led to the passage of the Governor's bill, Senate bill, 393. The session will:

- 1. Educate attendees about WV issues with juvenile justice;
- 2. Describe efforts to improve WV in juvenile justice; and
- 3. Discuss further reforms for consideration.

#### Breaking Up is So Hard to Do (The Emotional Affair with Addiction)

The session will delve into the dynamic that is created when an individual is unconsciously enters into a "Love Affair" with his/her drug of choice. This emotional connection between the drug and the user often provides to the user some of the same emotional comforts/euphoria experienced during the various phases of the couple's romance. Concepts surrounding psychosocial and brain chemical comparisons between the addicted

Randy Housh is a former President and Public Policy Chair for the WVAADC, serving on the board for 11 years. Randy has worked extensively with addicted populations throughout WV and the Eastern United States for the past 25 years. Randy has served since 2011 on the WV Governor's Advisory Council on Substance Abuse (GACSA) and is currently acting as Regional Trainer for Seneca Health Services in Summersville, WV.

person's relationship to their drug of choice and their need for positive human connection will be explored in detail.

#### **Doug Caver**

Doug Caver, President of Boomerang Driving, LLC, has been involved in youth health and safety for over 20 years. Mr. Caver has extensive experience in overseeing the development and implementation of software technologies for the education market. As CFO of Mergent Technologies (now a part of Viacom, Inc.), he has provided remedial basic skills software to schools throughout the U.S. Recently, Mr. Caver turned his attention to improving the safety of teen drivers which resulted in Boomerang, a technology-based solution that addresses the primary cause of most unsafe driving: distracted driving. Mr. Caver has been a featured presenter at GHSA (Governor's Highway Safety Association), the NPN National Meeting, the National Network meeting and is a frequent speaker at state prevention and education meetings across the country.

#### **Boomerang: Bringing your Teen Driver Back Home Safely**

Teen drivers are the most risky drivers on the road today. Causes of accidents range from speeding to shorter headways to impaired driving. The most powerful counter to these causes are parents, and this session will discuss replicating the presence of the parent in the teen's car using tools such as Boomerang

#### **Charles Hartman**

Charles Hartman has worked in the prevention field for 16 years. He has worked with all ages and populations providing many evidenced-based programs. He has been involved with gambling for four years, and two years ago got a Racino in his home county.

#### **Research and Programming in Gambling Prevention**

This session will focus on prevention and intervention in gambling.Participants will learn what gambling is, what data is collected, its impact on the local community and what strategies are being utilized.

#### **Dr. Hendree Jones**

Hendree Jones, Ph.D., is a professor in the Obstetrics and Gynecology Department, School of Medicine, UNC, Chapel Hill, and Executive Director of Horizons, a comprehensive drug treatment program for pregnant and parenting women and their drug-exposed children. She is an adjunct professor in the Department of Psychology, UNC, Chapel Hill and an adjunct professor in the Psychiatry and Behavioral Sciences and in the Department of Obstetrics and Gynecology, School of Medicine, Johns Hopkins University. Dr. Jones is an internationally-recognized expert in examining both behavioral and pharmacologic treatments for pregnant women and their children in risky life situations. She has received continuous funding from NIH since 1994, has published over 160 publications, including two books on treating substance

# Intervening Early in the Lives of Children: Implications of Substance Exposure During Pregnancy

As the rates of opioid misuse increase in the general population, the rates of misuse also increase in the pregnant population, bringing with it the intersection of physical medicine, psychology, social services and drug addiction treatment. Helping women stop their opioid misuse and recover from addiction during pregnancy represents especially perplexing challenges. This presentation will summarize contextual and co-morbid factors observed among women with opioid use disorders. It will compare and contrast the benefits and risks of providing methadone, buprenorphine, naltrexone or medication assisted-withdrawal during pregnancy for the mother, fetus and neonate as well as focus on key behavioral strategies that are components of a comprehensive way to meet this health challenge.

use disorders and multiple book and textbook chapters. She consults for the	
United Nations and the World Health Organization. Dr. Jones leads and is	
involved in projects and diverse countries around the world.	
Ross Szabo	A New Approach to Mental Health Education
	Behind Happy Faces is a widely scalable mental health curriculum to give
	students the tools they need to address their mental health and create a
	positive mental health. The <i>Behind Happy Faces</i> curriculum teaches students
	a definition of mental health, the largest barriers preventing students from
	seeking help, classifications of mental health challenges, guidance to lead a
	balanced life, steps to create effective coping mechanisms and how to help
	a friend in crisis. Mental health has become one of the largest issues facing
	our country. It's time to start a conversation about the best practices and
	solutions to this crucial area of students' lives.
Nora Baladerian	Trauma Informed Care: Principles and Case Examples
	This course will examine the principles, tenants and application of trauma-
	informed care in all aspects of life of individuals with intellectual and
	developmental disabilities and will cover trauma-informed program design,
	trauma-informed justice and trauma-informed therapeutic services. This will
	be presented in the context of other essential philosophical "mandates"
	including consideration of the whole person, person-centered planning,
	least restrictive alternative and full participation in society. The basic
	principles will be presented with examples of the positive conceptualization
	of the personhood of individuals with disabilities, illuminating where the
	train can fall off the track and how to avoid pitfalls of "group think" that are
	based on old perspectives. Session participants will gain a deeper
	understanding of the application of these principles through group
	participation.
Jason Metzger/Charity Sayre	Panel: Justice Reinvestment: Community Treatment Supervision
	Implementation
Jason has worked for the WV Division of Justice and Community Services since	Discussion of JRI Implementation and Treatment Supervision
2002, administering grant programs within the juvenile justice system, victim	·
services, law enforcement and community corrections. Most recently, Jason	
has worked to help develop and implement the Treatment Supervision	
Program.	
Martha Minter	Special Off-Site Session – 15 Lessons from the Herd Red Barn Farm Session
	1 of 2
	Lessons from the Herd is an experiential, equine assisted learning activity
	(EAGALA Model) that will enable participants to have direct interaction with

horses in an emotionally and physically safe environment. Horses have the innate ability to quickly connect to what a person is experiencing and feeling and they provide non-judgmental support and feedback. As participants interact with the horses, metaphors emerge — metaphors which often enable participants to gain greater insight into their thoughts, feelings and behavior patterns. Horses are also able to help a person tap into deep, hidden emotions where words often fail. There is a growing body of research that proves the healing power of horses, both emotionally and physically.

The workshop will be offered at Red Barn Stables. No prior knowledge of horses is necessary. There is no riding, and all activities will take place on the ground. Participants will be required to sign liability waivers.

#### Dianna Bailey-Miller/Laura Manuel Walls

#### **Tracy Johnson and Faith Partners**

Mr. Johnson, with over 25 years of experience, has worked closely with nonprofits, small businesses and communities in helping them with community organizing, environmental strategies, strategic planning, substance abuse prevention, coalition building, cultural diversity and effective programs. He has led projects in working with states and communities on effective substance abuse prevention strategies. He has extensive knowledge of SAMHSA's Strategic Prevention Framework process and Strategic Initiatives. He is the Director of Training and Technical Assistance for SheRay's & Associates, LLC, Los Angeles, CA. He leads and directs the training needs of clients, as well as the development and implementation of training plans. He identifies experts needed to fulfill the client's needs. He oversees the 60+ expert associates and consultants utilized around the United States.

Substance Abuse Prevention's Central Regional Team (CSAP's Central RT) which covered ten (10) states and seven (7) Native American sites. Mr. Johnson also works with various federal, state and local agencies and corporations in developing comprehensive integrated prevention services to economically disadvantaged and African-American children and families.

#### Rhonda Cooper/Larry Cosner

Rhonda Cooper is a Licensed Social Worker with 14 years of behavioral health experience. Following graduation from Marshall University with her Master of Arts in Counseling, she has worked in different settings as they relate to behavioral health. In 2012, she accepted a position as the Behavioral Health

#### Mental Health First Aid: Youth, Session 4 of 5

# Moderated Panel – Faith Communities Role in Behavioral Health (Debbie Davis, Rocky Meadows, James Patterson)

Participants will learn the importance of getting faith communities involved in understanding behavioral health and how they can support existing behavioral health organizations in the communities. Participants will learn best practices and strategies being executed on getting the faith community involved including examples of successful program testimonials from WV faith based organizations, including One Voice, Partnership for African American Churches and The Lifehouse.

#### **Buddy to Buddy Peer Programs for Service Members**

In this session, participants will have the opportunity to learn about a valuable peer to peer program that will help aid solders in their daily lives without fear of being removed from the WVARNG. The program is known with the Michigan Army National Guard as "Buddy to Buddy." Participants

Case Manager with the West Virginia Army National Guard Office of the State Surgeon, where she provides non-clinical support services and program development with the focus being on individual medical readiness of the solders in the WVARNG.

will have an opportunity to hear a soldier's journey and learn how this journey will bring a peer to peer program to the Guardsmen in West Virginia.

#### Dr. Denzil Hawkinberry

Dr. Denzil Hawkinberry received his medical degree from West Virginia University School of Medicine and is a Certified Anesthesiologist completing his residency with WVU Hospitals. Dr. Hawkinberry has been in practice for over 14 years. He currently provides pain management services at West Milford Clinic through Community Care of WV. He has authored papers published in state and national medical journals and text books. Outside of his practice, he also serves as a case manager for the WV State Medical Health Program supporting physicians in recovery and is an FDA ER/LA Opioid REMS trainer. His expertise in pharmacology and best practice prescribing philosophies has resulted in numerous speaking engagements, membership in the Regional Governor's Task Force meetings and partnership with the West Virginia Department of Health and Human Resources, Bureau for Behavioral Health and Health Facilities to meet legislative requirements for physician continuing education by providing peer learning and practice improvement.

#### Safe & Effective Pain Management in the Specialty & Primary Care Setting

Recent discussions on the integration of behavioral health and physical health have put medical professionals in a precarious role to become gatekeepers, educators and treatment providers. As a whole, the field has not been trained nor received adequate education or practical experience in addiction medicine. The lack of education in effective pain management, particularly in the primary care setting has resulted in over-prescribing of medication and ineffective monitoring has resulted in diversion and treatment compliance.

#### Jeff Allen

Jeffrey S. Allen is a United Methodist pastor currently appointed to the West Virginia Council of Churches as the Executive Director. He holds a Bachelor of Arts degree in Biology and a Bachelor of Arts degree in Religious Studies from West Virginia University, and a Master of Divinity degree from Emory University. He previously served as Project Director for the West Virginia Healthy Kids and Families Coalition between 2008 and 2012, as the Community and Families Development Director at Community Development Outreach Ministries (CDOM) for thirteen years and also served the Keystone and Northfork United Methodist Churches in Waco, Kentucky.

#### **Creating Networks of Care in Times of Crisis**

Using examples from West Virginia, this session will look at how faith-based organizations approach disaster response, crisis intervention and meeting the needs of vulnerable populations. Participants will learn about faith-based structures and resources. The session will also cover the opportunities, limits and challenges of working with faith-based organizations.

#### **Jean Bennett**

Since 2011, Dr. Bennett has served in the U.S. Department of Health and Human Services (HHS) Substance Abuse and Mental Health Services Administration Division (SAMHSA). As the SAMHSA Regional Administrator, Jean is responsible for the Region III states of West Virginia, Virginia, Pennsylvania, Maryland, Delaware and the District of Columbia. In addition to her 10 years of service in the Department of Health and Human Services, Jean has worked for the Veterans Network in San Francisco, Children's Hospital in

# **Exploring Physician Education Initiatives: Why It's Essential to Behavioral Health**

Medical schools, Osteopathic schools and state behavioral health authorities in Region III (WV, VA, MD, PA, DC, DE) have collaborated in support of a regional initiative to identify and address physician education and training gaps with an emphasis on the identification of model curricula, facility training, prescriber practice and proper screening and treatment for substance use disorders. The session will:

• Provide an introduction to physician education challenges and

Boston, and earned a cachelor's degree in Nursing, master's degrees in Nursing and Management and a doctoral degree in Organization and Management.	<ul> <li>explain why addressing them is essential to behavioral health and its relatationship to the Workforce Strategic Initiative.</li> <li>Examine models of medical school curricula, including immersion across the continuum of training, examples of interactive engagement (versus lecture) to accelerate learning and an outline of the organizations and resources with a role in physician education.</li> <li>Discuss school and state level challenges that promote or impede physician education program improvements.</li> </ul>
Dr. Jason Fruth	Improving Academics with a Trauma-Informed Approach
	This session will explore the evolution of a classroom-based NREPP universal preventive intervention. This includes local and state outcomes as well as applications in pre-service teacher education programs. This session will situate a universal preventive intervention as the evidence-based approach to behavior and engagement that is missing from many West Virginia schools and teacher education programs. This session will also include the longitudinal outcomes of what statewide universal prevention would look like for the taxpayers, citizens and children of West Virginia.
Dr. Mel Pohl	Plenary-The Role of Families in the Treatment of Pain and Addiction
	Much has been written and taught about chronic pain. Chronic pain is a challenging condition resulting in disability, emotional upheaval and family dysfunction. People concerned about someone with chronic pain suffer from characteristic dysfunctional behavior that must be addressed if the person with chronic pain is to recover. Often families wonder whether or not the pain is "real". We have a tendency to believe that pain based in emotions is less "valid" than physical pain. Chronic pain in the presence of addiction complicates the treatment of each and presents special challenges for families. This session will explore the needs and potential solutions for families of a person with chronic pain.
Nora Baladerian	What are the Rules for Sex for Individuals with I/DD
	This program offers detailed and concrete discussion of sexual activities and explains which are lawful and which are not. In most cases, young (and older) adults with intellectual and developmental disabilities have never been told about the law and sexual behavior. Many wind up in jail, arrested for reasons of which they are unaware. They proceed to court where they are told "ignorance of the law is no excuse." However, neither parents, nor schools, nor any other entity has provided the simple information needed. The next step may be a court order for sex education. The shame, embarrassment and legal record could all be avoided by a pro-active effort

	to provide simple information. The speaker's book <i>The Rules of Sex: For</i>
	Those Who Have Never Been Told forms the basis for this presentation,
	along with the booklet, "Liberty and Justice for All." Be prepared for an
	open and eye-opening discussion.
Christina Smith	Effects of Prenatal Exposure to Alcohol and Other Drugs
As the Executive Director of The Arc of West Virginia, Christina has worked to ensure that the organization provides programs, services, advocacy and supports to children and adults with intellectual and developmental disabilities and their families by encouraging, assisting and empowering them to live, work, learn, worship and play in their communities with those they choose for the past 13 years. In this role, she has served on numerous local and state	Children born with Fetal Alcohol Syndrome (FAS) or alcohol-related neurodevelopmental disorder (ARND) pose unique challenges because of a range of central nervous dysfunctions. However, with early diagnosis/interventions, the secondary conditions that often emerge in youth affected by FAS/ARND can be reduced. This curriculum is designed to help parents, educators, human service professionals and other service
committees and boards, and has presented on disability issues at state and national levels for many years.	providers realize that negative consequences of brain damage caused by FAS may be avoided when a child has access to needed services and
Christina not only lives the mission of The Arc professionally, but first-hand from a personal level as her youngest daughter was born with Down Syndrome. Having navigated the system through multiple health issues and developmental delays since her birth, she understands the important role of advocacy when assisting families and individuals who are seeking supports and services in the community.	supports early in life. Through education, the goal is to reduce the incidence of secondary conditions, which are those problems that the child is not born with, but might acquire as result of having FAS or ARND. This session will cover how to secure access to appropriate diagnostic and treatment services for those affected, how to adapt skills for parenting, how to obtain services for children and adults with FAS/ARND and ways to establish family support will be covered.
Martha Minter	Special Of-Site Session – 15 Lessons from the Herd Red Barn Farm, Session 2 of 2
Dianna Bailey-Miller/Laura Manuel Walls	Mental Health First Aid: Youth, Session 5 of 5
Tracy Johnson	How the Strategic Prevention Framework Can be Incorporated into
	Community Planning and Development
	Participants will learn the key strategies of the SAMHSA Strategic Prevention Framework (SPF) and how to work with local community planning and development efforts to ensure an effective approach to engaging the human services (particularly the local coalitions) in supporting the overall planning efforts. Participants will learn best practices and approaches being utilized.